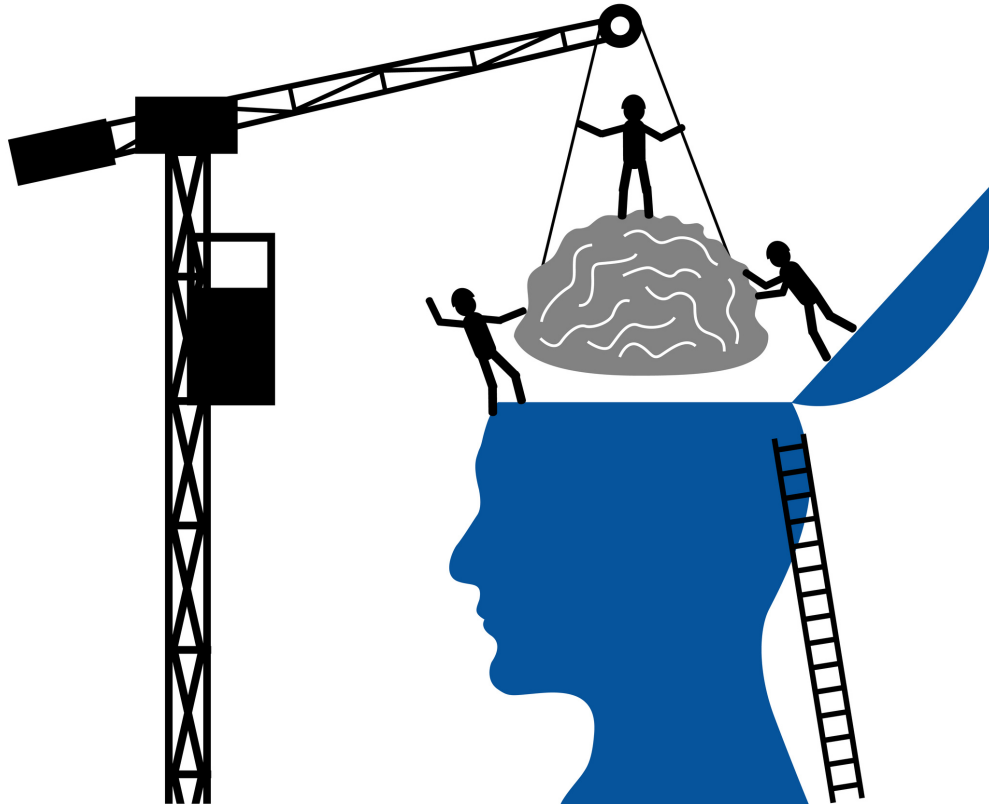


Vanderbilt Brain Institute, the Neuroscience Student Organization  
and Peabody Graduate Student Association present the

# Jeanette J. Norden Outreach Lecture



## BUILDING A HEALTHY BRAIN

This Brain Awareness Month event features an interactive discussion with Vanderbilt scientists focused on better understanding ways that we can improve our brain health and cognitive abilities. Specific topics that will be covered in the discussion include the importance of sleep and exercise and how to maintain brain health while aging. This event is free and open to the public, and will feature a question and answer session.

### **BETH MALOW, MD, MS**

Burry Chair in Cognitive Childhood Development  
Professor of Neurology and Pediatrics  
Director, Vanderbilt Sleep Disorders Division

### **PAUL NEWHOUSE, MD**

Jim Turner Professor of Cognitive Disorders,  
Professor of Psychiatry, Pharmacology, and Medicine  
Director, Vanderbilt Center for Cognitive Medicine

**MONDAY, MARCH 24, 2014, 7:00 PM**

**WYATT CENTER ROTUNDA**

**VANDERBILT UNIVERSITY'S PEABODY COLLEGE**