Pressure Injury Prevention and Treatment Guidelines

Perform Skin Assessment and Braden Risk Scale every shift or with significant change in patient condition (ie: surgery, decline in condition).
"AT RISK" IS 18 OR LESS

PREVENTION & STAGE 1 & INTACT DEEP TISSUE INJURY (DTI)

- Consider Pressure Redistribution Device (bed, chair cushion, foam heel boots, heel foam, head cushion
- Reposition: Bed: Q 2h Chair: Q15 min
- Shear/Friction Reduction -Pull/Slippy sheets -Overbed Trapeze -Hover mat -TAP System
- HOB less than or equal to 30°* *Unless clinically contraindicated*
- Initiate Incontinence Mgmt. Guidelines
- Apply Barrier (barrier spray/wipes, dimethicone cream) or Dressing (foam or Tegaderm Absorbent)

  **if dressing has to be changed >2x/shift, then remove dressing & use barrier cream only.*

STAGE 2 & OPEN DEEP TISSUE INJURY (DTI)

- Prevention Guidelines
- Open
  - Clean with NS Protect Periwound Skin w/ Skin Sealant Wipe/Spray
- Intact Blister
  - DO NOT OPEN OR DRAIN
- Apply Barrier (barrier spray/wipes, dimethicone cream) or Dressing (foam or Tegaderm Absorbent)

  **if dressing has to be changed >2x/shift, then remove dressing & use barrier cream only.*

STAGE 3 & STAGE 4

- Prevention Guidelines
- Shallow
  - Protect Periwound Skin w/ Skin Sealant Wipe/ Spray
  - Foam dressing. Change Weekly
- Deep
  - Protect Periwound Skin w/ Skin Sealant Wipe/Spray
  - NS moist kerlex roll gauze + ABD Chg.q12h
- **REQUIRED**
  Page team/Notify NP/MD
  Consult Complex Wound Team

UNSTAGEABLE (ESCHAR COVERED)

- Prevention Guidelines
- Dry gauze dressing Chg Daily
- **REQUIRED**
  Page team/Notify NP/MD
  Consult Complex Wound Team

CONSIDER CONSULTS
Simple Wound Team Consult (WOC nurse)
Clinical Nutrition
PT/OT, CM/SW

PT./CAREGIVER EDUCATION
Patient Education: Getwell Network & Krames Epic search "pressure injury"
Nursing/Carepartner Education: -Skin Care Incontinence Guideline
-Fecal Incontinence Guideline
-Bed Decision Guideline

D/C PLANNING
Wound care supplies & instructions
Home Health referral

DOCUMENTATION in EMR: **Assessment, Treatment, Education, Consults, Discharge Planning**