VANDERBILT ❖ UNIVERSITY

MEDICAL CENTER

Graduate Medical Education

PERSONAL HEALTH AND WELLBEING – NEW PATIENT APPOINTMENTS

In order to take the best care of patients, a clinician also must attend to their own health needs and well-being. VUMC, both through its own services and those of the Vanderbilt Health Affiliated Network (VHAN), provides House Staff with numerous outlets to obtain primary health care services.

If a House Staff needs to establish themselves as a new patient with a Vanderbilt primary care physician, please send an email to pc4newHS@vumc.org and state that you are VUMC House Staff. You will get a reply email that may ask for any preferences you have. You also may sign up for My Health at Vanderbilt (the patient portal) and request a PCP through the portal at https://www.myhealthatvanderbilt.com/.

For women seeking primary care through a VUMC OB/GYN practice, please contact the access center by calling (615) 343-5700 and identify yourself as a Vanderbilt House Staff.

For newly pregnant patients, you can participate in our maternity bundle. Information is available here..

VUMC health plan members now have access to a dedicated phone number for subsequent appointments or consultations — called Appointments Direct — that gives you preferred access to appointments with VUMC providers. Call (855) 724-2454 to schedule an appointment with a Tier 1 provider.

For Vanderbilt House Staff seeking providers within the Vanderbilt Health Affiliated Network (VHAN) but not specifically within VUMC, please refer to the Human Resources website, https://hr.vumc.org/benefits, for instructions on finding other providers within VHAN (all being Tier 1 level providers for all 3 VUMC-offered health plans).

For health care needs that are unexpected or immediate, House Staff can also present to Occupational Health (see Section III.A. Faculty/Staff Health & Wellness) or use the Vanderbilt walk-in clinics. Find walk-in clinic options at https://www.myhealthwalkin.com/.

If any questions regarding the above, please contact the GME office at gme.office@vumc.org.