

Effective: 7/1/2023; Revised: 7/1/2024

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## SLEEPING AND TRANSPORTATION OPTIONS FOR HOUSE STAFF TOO FATIGUED TO RETURN HOME SAFELY

For House Staff who are too fatigued to safely return home, several options are available through the Office of Graduate Medical Education including the following:

1. Call Room space is available on an as needed basis for House Staff who are too fatigued to safely return home. There is also space with recliners in the House Staff Lounge, located in TVC 2806. Please notify Environmental Services via the number posted in the room if the bed should be changed after your nap before the evening for the next House Staff, and please notify the GME Office if any issues in the House Staff Lounge (615-322-4916).
2. For House Staff too fatigued to safely transport themselves home and for whom resting in a call room is not an option, transportation home with a return trip the next day is available through **Music City Taxi** Company from VUMC or any affiliated site at which you are rotating. **Call (615) 256-7000** for a pick-up and be specific about your location and that you are a House Staff at VUMC and the GME account should be charged. The Office of Graduate Medical Education will cover the cost of the transportation, but you must **indicate to the dispatcher and driver to charge the GME Account**. Please note that the cab that arrives for you may be branded any of the following: Checker Cab or American Music City Taxi. **Rides taken through others, such as ride-share apps and/or companies, may not be reimbursed.**

Please note that this policy and transportation benefit applies only to fatigue. If you have other circumstances that lead to a need for alternative transportation, please consult with your Program Director and Employee Relations for consideration of formal accommodations.

<https://hr.vumc.org/Employee-Relations>