

VANDERBILT HEALTH DIVERSITY, EQUITY, & INCLUSION EVENTS



Asian-American and Pacific Islander Heritage Month Haitian Heritage Month Indian Heritage Month Jewish-American Heritage Month Mental Health Awareness Month Military Appreciation Month National Speech-Language-Hearing Month

May 1: Beltane

May 1-5: Labour Day, or May Day (Chinese)

May 3: Orthodox Good Friday

May 5: Cinco de Mayo – A Day to celebrate Mexican culture and heritage.

May 5: Holocaust Remembrance Day (Yom HaShoah) – A day to solemnly remember the lives lost in the Holocaust and to educate future generations about the dangers of bigotry.

May 5: Orthodox Easter

May 10: Military Spouse Appreciation Day

May 12: Mother's Day

May 17: International Day Against Homophobia, Transphobia and Biphobia

May 19: Agender Pride Day

May 19: Malcolm X Day – A day to honor civil rights leader Malcolm X, reflecting on his advocacy for African American rights and social justice.

May 21: World Day for Cultural Diversity

May 22: Second Passover (Jewish)

May 23: Vesak (Buddha Day) – A significant day for Buddhists, commemorating the birth, enlightenment, and death of Buddha, usually marked by prayer and meditation.

May 24: Pansexual Visibility Day

May 27: Memorial Day

Office of Diversity and Inclusion Chat Room Series

IMPACTS OF RACISM ON MENTAL HEALTH



The impact of racism on mental health is not unique to persons of color. Often overlooked is the adverse effects racism has had on the mental health of those who either perpetuate or benefit from it.

> MAY 15, 2024 12:00 PM