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BENJAMIN NORMAN JOHNSON

Curriculum Vitae

Fairleigh Dickinson University School of Psychology and Counseling 104H Williams Hall 1000 River Rd., Teaneck, NJ 07666

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www.tapplab.org

www.fdu.edu/profiles/b.johnson2

www.psychologytoday.com/profile/1298652

PROFESSIONAL LICENSES

2024-Present New Jersey Licensed Psychologist

License #: 35SI00743800

APPOINTMENTS

2021–Present Fairleigh Dickinson University, Teaneck, New Jersey

School of Psychology and Counseling

Assistant Professor

EDUCATION

2014–2021 The Pennsylvania State University, University Park, Pennsylvania

Doctor of Philosophy Clinical Psychology

Dissertation: "Resolving the Latent Structure of Borderline Personality Disorder: Predicting

Symptoms in Daily Life"

Committee: Kenneth N. Levy, Ph.D. (Chair), Michael N. Hallquist, Ph.D., Kristen A. Buss,

Ph.D., & Peter C. M. Molenaar, Ph.D.

2020–2021 Mount Sinai Beth Israel, New York, New York

Doctoral Internship Program in Clinical Psychology

Director: Elizabeth Ochoa, Ph.D.

2014–2017 The Pennsylvania State University, University Park, Pennsylvania

Master of Science

Psychology

Thesis: "Understanding Dimensions and Types of Borderline Personality Disorder Through

Factor Mixture Modeling"

Committee: Kenneth N. Levy, Ph.D. (Chair), James M. LeBreton, Ph.D., & Michael N. Hallquist,

Ph.D.

2008–2012 Emory University, Atlanta, Georgia

Bachelor of Arts

Highest Honors in Psychology

English

Thesis: "An Alternate Reality: Real-Life Relationship Building in the Virtual World" *Committee*: Nancy G. Bliwise, Ph.D. (Chair), Kenneth Carter, Ph.D., & Laura Otis, Ph.D.

2011 Emory University British Studies Program, Oxford, United Kingdom

Emory Center for International Programs Abroad Summer Program (Non-degree granting)

2008–2010 Oxford College of Emory University, Oxford, Georgia

Associate of Arts

2007–2008 Kennesaw State University, Kennesaw, Georgia

Joint Enrollment Honors Program (Non-degree granting)

FELLOWSHIPS AND SCHOLARSHIPS

2014–2019	The Pennsylvania State University Graduate Fellowship
2014	The Pennsylvania State University Startup Scholarship
2010-2012	Oxford College Continuee Scholar
2008-2012	Emory University Scholars Program Faculty Scholar
2011	Emory Scholars Summer Study Abroad Scholarship
2011	Dewey-Hinton Scholarship for Study Abroad

HONORS AND AWARDS

HONORS AN	D AWARDS
2020	Society for Personality Assessment Mary S. Cerney Memorial Outstanding Student Paper Award
2019	North American Society for the Study of Personality Disorders John G. Gunderson Young
	Investigator Award
2019	Inaugural Penn State Clinical Scientist-Practitioner Award
2019	Kraft Wilson Graduate Fellowship in the Social Sciences Penn State College of Liberal Arts
	External Funding Incentive Award
2017	The Pennsylvania State University Superior Teaching and Research (STAR) Award
2017	North American Society for the Study of Personality Disorders Best "Speed-Data" Talk Award
2012	Association for the Tutoring Profession Tutor of the Year Award
2012	Emory Pathways to Academic Success for Students Peer Tutor of the Year Award
2010-2012	Emory University Dean's List
2011	Phi Beta Kappa Honor Society
2011	Psi Chi International Honor Society in Psychology
2010	Phi Theta Kappa Honor Society
2010	Oxford College Psychology Department Award
2010	Oxford College English Department Award
2010	Who's Who Among Students in American Colleges and Universities
2008-2010	Oxford College Honor List
2008	National Society of Collegiate Scholars
2007-2008	Kennesaw State University President's List

EDITORIAL REVIEW

Editorial Board

Interpersona

Ad Hoc Reviewer

Academia Letters

AIDS Care

American Journal of Psychology

American Journal on Addictions

Annals of General Psychiatry

Behavior Modification

BMC Musculoskeletal Disorders

Borderline Personality Disorder and Emotion Dysregulation

Brain, Behavior, & Immunity – Health

Canadian Psychology

Clinical Psychology: Science and Practice

Cogent Psychology

Current Psychiatry Research and Reviews

Depression and Anxiety

European Journal of Pain

International Journal of Behavioral Medicine

Journal of Adult Development

Journal of Clinical Psychology

Journal of Consulting and Clinical Psychology

Journal of Injury and Violence Research

Journal of Nervous and Mental Disease

Journal of Personality Assessment

Journal of Personality Disorders

Journal of Psychosomatic Research

Journal of Psychotherapy Integration

Journal of Social and Personal Relationships

LGBT Health

New Ideas in Psychology

Nordic Journal of Psychiatry

Personality Disorders: Theory, Research, and Treatment

Polish Psychological Bulletin

Professional Psychology: Research and Practice

Psychiatry Research

Psychiatry Research Communications

Psychoanalytic Psychology

Psychological Review

Psychotherapy Research

Scientific Reports

Translational Issues in Psychological Science

RESEARCH

RESEARCH INTERESTS

My interests form two interdigitated lines of research. 1) I am interested in translational research on personality disorders and integrating treatment approaches to improve clinical care for individuals with personality disorders. 2) I am attempting to further refine our understanding of phenotypes of personality pathology, using machine learning approaches, such as factor mixture modeling and other latent classification techniques, to address this issue. Cutting across my work, I am currently utilizing attachment theory, impulsivity, trauma, and addiction research, and ecological momentary assessment to better understand personality and its correlates.

I run the Treatment and Assessment of Personality Pathology (TAPP) Lab at Fairleigh Dickinson University. Find out more about our work here: www.tapplab.org.

PUBLICATIONS

*Mentored student at time of work.

Peer-Reviewed Journal Articles

- 30. Hlay, J. K, **Johnson, B. N.**, Hodges-Simeon, C. R., & Levy, K. N. (in press). A psychometric evaluation of the Tend-and-Befriend Questionnaire. *Journal of Personality Assessment*.
- 29. *Stein, A. G., **Johnson, B. N.**, Kelly, A. G., Cheavens, J. S., & McKernan, L. C. (in press). Negative affect and pain catastrophizing link BPD to pain: Replicating and extending the BPD-pain association. *Personality Disorders: Theory, Research, and Treatment*.
- 28. Winters, G. M., Jeglic, E. J., **Johnson, B. N.**, & Kaylor, L. (2024). An examination of the psychometric properties of the Paraphilic Interests and Disorders Scale. *Journal of Forensic Psychology Research and Practice*. https://doi.org/10.1080/24732850.2024.2390874
- 27. Winters, G. M., Jeglic, E. J., **Johnson, B. N.**, & Chou (2024). The prevalence of sexual grooming behaviors among survivors of childhood sexual abuse. *Child Abuse & Neglect*, *154*, 106842. https://doi.org/10.1016/j.chiabu.2024.106842
- 26. Spada, A. H., Winters, G. M., Jeglic, E. L., **Johnson, B. N.**, & *Allan, C. (2024). An exploration of racial and ethnic differences in paraphilic interests and behaviours among a nonoffending sample. *Journal of Sexual Aggression*. https://doi.org/10.1080/13552600.2024.2332943
- 25. Kivity, Y., Levy, K. N., **Johnson, B. N.**, Rosenstein, L. K., & LeBreton, J. M. (2024). Mentalizing in and out of awareness: A meta-analytic review of implicit and explicit mentalizing. *Clinical Psychology Review*, 108. https://doi.org/10.1016/j.cpr.2024.102395
- 24. Jeglic, E. L., Winters, G. M., & **Johnson, B. N.** (2023). Identification of red flag child sexual grooming behaviors. *Child Abuse & Neglect*, *136*, 105998. https://doi.org/10.1016/j.chiabu.2022.105998
- 23. **Johnson, B. N.** (2023). Maladaptive schemas and attachment styles are two parts of the same iceberg: A commentary on Karantzas et al. (2022). *Clinical Psychology: Science and Practice*, 30(1), 24–25. https://doi.org/10.1037/cps0000126
- 22. **Johnson, B. N.**, Kivity, Y., Levy, K.N., Rosenstein, L.K., & LeBreton, J.M. (2022). The association between mentalizing and psychopathology: A meta-analysis of the Reading the Mind in the Eyes Task across psychiatric disorders. *Clinical Psychology: Science and Practice*, 29(4), 423-439. https://doi.org/10.1037/cps0000105

- 21. **Johnson, B. N.**, McKernan, L. C., & Bruehl, S. (2022). A theoretical endogenous opioid neurobiological framework for co-occurring pain, trauma, and non-suicidal self-injury. *Current Pain and Headache Reports*, 26, 405-414. https://doi.org/10.1007/s11916-022-01043-9
- 20. Hlay, J. K., **Johnson, B. N.**, & Levy, K. N. (2022). Attachment security predicts tend-and-befriend behaviors: A replication. *Evolutionary Behavioral Sciences*. https://doi.org/10.1037/ebs0000284
- 19. Bliton, C. F., **Johnson, B. N.**, & Pincus, A. L. (2021). My problem or yours? Interpersonal problems and marital quality. *Journal of Personality*, 90(4), 595-614. https://doi.org/10.1111/jopy.12685
- 18. Bloch-Elkouby, S., Barzilay, S., Gorman, B., Lawrence, O., Rogers, M. L., Richards, J., Cohen, L., **Johnson, B. N.**, & Galynker, I. (2021). The Revised Suicide Crisis Inventory (SCI-2): Validation and assessment of prospective suicidal outcomes at one month follow-up. *Journal of Affective Disorders*, 295, 1280-1291. https://doi.org/10.1016/j.jad.2021.08.048
- 17. **Johnson, B. N.**, & McKernan, L. C. (2021). Co-occurring trauma and non-suicidal self-injury among people with chronic pain: A systematic review. *Current Pain and Headache Reports*, 25(11), 1-17. https://doi.org/10.1007/s11916-021-00984-x
- 16. **Johnson, B. N.**, & Vanwoerden, S. (2021). Future directions in personality pathology development research from a trainee perspective: Suggestions for theory, methodology, and practice. *Current Opinion in Psychology*, 37, 66-71. https://doi.org/10.1016/j.copsyc.2020.08.006
- 15. **Johnson, B. N.**, Lumley, M. A., Cheavens, J. S, & McKernan, L. C. (2020). Exploring the links among borderline personality disorder symptoms, trauma, and pain in patients with chronic pain disorders. *Journal of Psychosomatic Research*, 135. https://doi.org/10.1016/j.jpsychores.2020.110164
- 14. Brenner, E. K., Grossner, E. C., **Johnson, B. N.**, Bernier, R. A., Soto, J., & Hillary, F. G. (2020). Race and ethnicity considerations in traumatic brain injury research: Incidence, reporting, and outcome. *Brain Injury*, 34(6), 801-810. https://doi.org/10.1080/02699052.2020.1741033
- 13. Dunlop, B. W., Still, S., LoParo, D., Aponte-Rivera, V., **Johnson, B. N.**, Schneider, R. L., Nemeroff, C. B., Mayberg, H. S., & Craighead, W. E. (2020). Somatic symptoms in treatment-naïve Hispanic and non-Hispanic patients with major depression. *Depression and Anxiety*, *37*(2), 156-165. https://doi.org/10.1002/da.22984
- 12. **Johnson, B. N.**, & Levy, K. N. (2020). Identifying unstable and empty phenotypes of borderline personality through factor mixture modeling in a large non-clinical sample. *Personality Disorders: Theory, Research, and Treatment, 11*(2), 141-150.

 https://doi.org/10.1037/per0000360. (Awarded NASSPD Gunderson Young Investigator Award and SPA Mary S. Cerney Award for outstanding student paper on personality assessment)
- 11. Levy, K. N., Hlay, J. K., **Johnson, B. N.**, & Witmer, C. P. (2019). An attachment theoretical perspective on tend-and-befriend stress reactions. *Evolutionary Psychological Science*, *5*(4), 426-439. https://doi.org/10.1007/s40806-019-00197-x
- 10. Levy, K. N., & **Johnson, B. N.** (2019). Attachment and psychotherapy: Implications from empirical research. *Canadian Psychology*, 60(30), 178-193. https://doi.org/10.1037/cap0000162
- 9. McKernan, L. C., **Johnson, B. N.**, Crofford, L. J., Lumley, M. A., Bruehl, S., & Cheavens, J. S. (2019). Posttraumatic stress symptoms mediate the effects of trauma exposure on indicators of central sensitization in patients with chronic pain. *Clinical Journal of Pain*, *35*(1), 385-393. https://doi.org/10.1097/AJP.00000000000000089
- 8. McKernan, L. C., **Johnson, B. N.**, Reynolds, W. S., Williams, D. A, Cheavens, J. S., & Crofford, L. S. (2019). Posttraumatic stress disorder in interstitial cystitis/bladder pain syndrome: Relationship to

- patient phenotype and clinical practice recommendations. *Neurology and Urodynamics*, 38(1), 353-362. https://doi.org/10.1002/nau.23861
- 7. Levy, K. N., Kivity, Y., **Johnson, B. N.**, & Gooch, C. V. (2018). Adult attachment as a predictor and moderator of psychotherapy outcome: A meta-analysis. *Journal of Clinical Psychology*, 74(11), 1996-2013. https://doi.org/10.1002/jclp.22685
- 6. Scala, J. W., Levy, K. N., **Johnson, B. N.**, Kivity, Y., Ellison, W. D., Pincus, A. L., Wilson, S. J., & Newman, M. G. (2018). The role of negative affect and self-concept clarity in predicting self-injurious urges in borderline personality disorder using ecological momentary assessment. *Journal of Personality Disorders*, 32, 36-57. https://doi.org/10.1521/pedi.2018.32.supp.36
- 5. **Johnson, B. N.**, & Bliwise, N. G. (2017). Your responses guide me: Decreased attachment anxiety through an online relationship-building intervention. *Interpersona*, 11(1), 1-21. https://doi.org/10.5964/ijpr.v11i1.254
- 4. **Johnson, B. N.**, Ashe, M. L., & Wilson, S. J. (2017). Self-control capacity as a predictor of borderline personality disorder features, problematic drinking, and their co-occurrence. *Journal of Personality Disorders*, 31(3), 289-305. https://doi.org/10.1521/pedi_2016_30_249
- 3. Levy, K. N., **Johnson, B. N.**, Scala, J. W., Temes, C. M., & Clouthier, T. L. (2015). Apego como marco teórico para entender los trastornos de personalidad: Consideraciones psicoterapéuticas, neurocientíficas y de desarrollo [An attachment theoretical framework for understanding personality disorders: Developmental, neuroscience, and psychotherapeutic considerations. (S. Pletikosic, Trans.)] Psihologijske Teme. [Psychological Topics], 24, 91-112.
- 2. Levy, K. N., **Johnson, B. N.**, Clouthier, T. L., Scala, J. W., & Temes, C. M. (2015). An attachment theoretical framework for personality disorders. *Canadian Psychology/Psychologie Canadianne*, 56(2), 197–207. https://doi.org/10.1037/cap0000025
- 1. Dunlop, B. W., Hill, E., **Johnson, B. N.**, Klein, D. N., Gelenberg, A. J., Rothbaum, B. O., Thase, M. E. and Kocsis, J. H. (2014). Mediators of sexual functioning and marital quality in chronically depressed adults with and without a history of childhood sexual abuse. *Journal of Sexual Medicine*, *12*(3), 813-823. https://doi.org/10.1111/jsm.12727

Book Chapters/Encyclopedia Entries

- 10. **Johnson, B. N.** & Levy, K. N. (in press). Attachment theory/style. In T. K. Shackelford (Ed.), *Encyclopedia of Sexual Psychology and Behavior*. Springer.
- 9. *Lukenda, M. S. & **Johnson, B. N.** (in press). Child maltreatment: Externalizing characteristics after. In T. K. Shackelford (Ed.), *Encyclopedia of Domestic Violence*. Springer.
- 8. *Stein, A. G., & **Johnson, B. N.** (in press). Deliberate self-harm. In V. Zeigler-Hill & G. Vance (Eds.), *Encyclopedia of Domestic Violence*. Springer.
- 7. Levy, K. N., **Johnson, B. N.**, & Notsu, H. (2021). Crossing the alphabet divide: Navigating the evidence for DBT, GPM, MBT, ST, and TFP for BPD. In R. Feinstein (Ed.), *Primer on personality disorders: Multi-theoretical view points*. Oxford University Press.
- 6. Moeller, A. N., **Johnson, B. N.**, Levy, K. N., & LeBreton, J. M. (2021). Conceptualizing and measuring the implicit personality. In D. Wood, S. Read, P. Harms, & A. Slaughter (Eds.), *Measuring and modeling persons and situations*. Elsevier, Academic Press.
- 5. Levy, K. N., **Johnson, B. N.**, Gooch, C. V. & Kivity, Y. (2018). Attachment style. In J. C. Norcross & B. Wampold (Eds.), *Psychotherapy adaptations that work: Evidence-based transdiagnostic responsiveness*. Oxford University Press.

- 4. **Johnson, B. N.**, Clouthier, T. L., Rosenstein, L. K., & Levy, K. N. (2018). Psychotherapy for personality disorders. In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer.
- 3. **Johnson, B. N.**, & Levy, K. N. (2017). Personality disorder not otherwise specified (PDNOS). In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer. https://doi.org/10.1007/978-3-319-28099-8 924-1
- 2. Levy, K. N., & **Johnson, B. N.** (2016). Personality disorders. In J. C. Norcross, G. R. VandenBos, & D. K. Freeheim (Eds.), *APA handbook of clinical psychology: Psychopathology and health (Vol. 4)*. (pp. 173–207). American Psychological Association.
- 1. Craighead, W. E, **Johnson, B. N.**, Carey, S. C., & Dunlop, B. W. (2015). Psychosocial treatments for major depressive disorder. In P. E. Nathan & J. M. Gorman (Eds.), *A guide to treatments that work* (4th ed.) (pp. 381-408). Oxford University Press.

Under Review

- 5. *Ran, T., Balzen, K. M., Allman, M., & **Johnson, B. N.** (under review). The relationships between narcissism and suicidality: A meta-analytic review. *Clinical Psychology Review*.
- 4. Winters, G. M., Jeglic, E. J., & **Johnson, B. N.** (under review). The mental health functioning of survivors of sibling sexual harm. *Journal of Family Violence*.
- 3. Winters, G. M., Jeglic, E. J., & **Johnson**, **B. N.** (under review). The nuances of child sexual grooming: The impact of age and sex of the victim and person who committed the abuse.
- 2. Levy, K. N., Spina, D. S., Trahan, A. C., **Johnson, B. N.**, & Senecal, J. R. (under review). A direct comparison of DSM-5 Section II BPD criteria with Section III, Alternative Model Criteria A and B for predicting clinical correlates and outcomes. *Personality Disorders: Theory, Research, & Treatment.*
- 1. Rosenstein, L. K., **Johnson, B. N.**, Kivity, Y., LeBreton, J. M., & Levy, K. N. (under review). Assessment of mentalizing for psychotherapy researchers and clinicians. *Psychology and Psychotherapy: Theory, Research, and Practice*.

In Revision

- 2. *Stein, A. G. & **Johnson**, **B. N.** (revise and resubmit). The "favorite person" in borderline personality disorder: A content analysis of social media posts. *Interpersona*.
- 1. **Johnson, B. N.** (in revision). Mental illness from 1850 to 1875: Charting the theoretical roots of the common factors movement. *History of Psychology*.

OTHER PUBLICATIONS

Articles in Edited, Non-Refereed Journals

- 3. Lipner, L. M., & **Johnson, B. N.** (2018). Personality disorder, interpersonal challenges, and a missed clinical turning point: A clinical example. *Psychotherapy Bulletin*, *53*(4), 37-42.
- 2. **Johnson, B. N.** (2017). Training the flexible mind: Science-practice integration through the eyes of a young therapist. *The Integrative Therapist*, 3(1), 5-6.
- 1. Austin, S. B., & **Johnson, B. N.** (2016). Stop, drop, and roll (with it): Addressing "realistic" resistance with internalizing clients. *Psychotherapy Bulletin*, *51*(4), 43-46.

PEER-REVIEWED PRESENTATIONS

*Mentored student at time of work.

Papers

- 35. Winters, G. M., Jeglic, E. J., & **Johnson, B. N.** (2025, March). *The nuances of child sexual grooming:*The impact of age and sex. Paper submitted to the 2025 annual conference of the American Psychology-Law Society, San Juan, Puerto Rico.
- 34. Rivens, A.J., Jamison, L., Billingsley, J.T., **Johnson, B. N.**, & Hurd, N. M. (2024, November). *Accessing and utilizing campus mental health services: A mixed-method investigation of Black college students' perceptions and experiences*. In Y.L. Chen (Chair). *Understanding Barriers to Mental Health Care: Uncovering Socio-Cultural Factor Hindering Help-Seeking and Engagement in Mental Health Services Among Underserved and Marginalized Communities*. [Symposium]. Abstract for presentation at the 58th annual convention of the Association for Cognitive and Behavioral Therapies Annual Convention, Philadelphia, PA.
- 33. Kivity, Y., Levy, K. N., Johnson, B. N., Rosenstein, L. K., LeBreton, J. M. (2024, September).

 Mentalizing in and out of awareness: A meta-analytic review of implicit and explicit mentalizing.

 In C. De Panfilis & E. Preti (Chairs). Implicit and explicit social cognition patterns associated with personality disorder psychopathology. Symposium conducted at the 7th conference of the European Society for the Studies of Personality Disorder (ESSPD), Antwerp, Belgium.
- 32. Lipner, L. M., **Johnson, B. N.,** Solomonov, N., Urmanche, A., Eubanks, C. F., Muran, J. C., & Barber, J. P. (2023, June). *The impact of therapist responsiveness on alliance rupture resolution and premature treatment termination*. Paper presented at the 54th annual meeting of Society for Psychotherapy Research, Dublin, Ireland.
- 31. *Stein, A. G., & **Johnson, B. N.** (2023, April). *Defining the BPD "favorite person": A descriptive analysis of social media posts.* Paper presented at the 10th annual conference of the North American Society for the Study of Personality Disorders, Waltham, MA.
- 30. *Krause, C. E., **Johnson, B. N.**, Winters, G. M., & Jeglic, E. L. (2023, April). *What aspects of childhood sexual abuse really do predict borderline personality disorder?* Paper presented at the 10th annual conference of the North American Society for the Study of Personality Disorders, Waltham, MA. (Awarded Best "Speed-Data" Talk Award)
- 29. Lipner, L. M., **Johnson, B. N.,** Solomonov, N., Eubanks, C. F., Muran, J. C., & Barber, J. P. (2022, July). *The relationship between therapist flexibility, alliance rupture resolution, and premature treatment termination*. Paper presented at the 53rd annual meeting of Society for Psychotherapy Research, Denver, Colorado.
- 28. *Stein, A. G., & **Johnson, B. N.** (2022, April). *Operationalizing the "favorite person" in BPD: A qualitative study of social media posts.* Abstract presented at the 9th annual conference of the North American Society for the Study of Personality Disorders, Virtual.
- 27. *Krause, C. E., & **Johnson, B. N.** (2022, April). *The relationship between childhood sexual abuse disclosure and borderline personality disorder symptoms: A systematic review.* Abstract presented at the 9th annual conference of the North American Society for the Study of Personality Disorders, Virtual.
- 26. Austin, S. B., **Johnson, B. N.**, & Chapman, A. L. (October, 2021). *A HiTOP model of attention, emotion, and personality psychopathology*. Paper presented at the 18th biennial convention of the International Society for the Study of Personality Disorders, Virtual.

- 25. **Johnson, B. N.**, & Levy, K. N. (October, 2021). Resolving the latent structure of borderline personality disorder in a clinical sample using factor mixture modeling. Paper presented at the 18th biennial convention of the International Society for the Study of Personality Disorders, Virtual.
- 24. **Johnson, B. N.** (Chair), Levy, K. N., Scott, L. N., Sharp, C., Tsypes, A., & Vanwoerden, S. (2021, April). A Q&A panel on grant writing for young researchers: NIH, NSF, and beyond. Structured discussion conducted at the 8th annual conference of the North American Society for the Study of Personality Disorders, Virtual.
- 23. **Johnson, B. N.** (Chair), Vanwoerden, S. (Chair), Zimmermann, J. (2019, October). *Trainee workshop in quantitative methods: Multilevel modeling in R.* Workshop conducted at the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.
- 22. **Johnson, B. N.** (Chair), Cottin, M. (Chair), Zimmerman, M., Sharp, C., Tackett, J. L., & Newton-Howes, G. (2019, October). *Advice from the experts on getting it published: A writing workshop for young researchers*. Structured discussion conducted at the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.
- 21. Austin, S. B., **Johnson, B. N.**, & Chapman, A. L. (2019, October). *Blinded by emotion? The influence of socio-affective cues on the attentional blink in borderline personality disorder*. Paper presented at the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.
- 20. Hlay, J. K., **Johnson, B. N.**, Hodges-Simeon, C. R., & Levy, K. N. (2019, June). *The relationship between attachment style and stress responses in men and women*. Paper presented at the 13th annual meeting of the NorthEastern Evolutionary Psychology Society, Boston, MA.
- 19. Kivity, Y., Levy, K. N., Rosenstein, L. K., Crow, T. M., **Johnson, B. N.**, Clouthier, T. L., & Clarkin, J. F. (2019, July). *The role of in-session mentalizing in the process and outcome of three psychotherapies for borderline personality disorder*. In S. Taubner (Chair), *In-session mentalizing*. Symposium presented at the 50th annual meeting of the Society for Psychotherapy Research, Buenos Aires, Argentina.
- 18. **Johnson, B. N.** (2019, April). A trainee's perspective on convergence and divergence in PD treatments: The importance of training in multiple approaches. In K. N. Levy (Chair), Psychotherapy across the alphabet divide, from the get-go: Learning, practicing, and integrating treatments for PDs among the next generation. Symposium conducted at the 7th annual conference of the North American Society for the Study of Personality Disorders, Pittsburgh, PA.
- 17. Kivity, Y., Levy, K. N., Crow, T. M., Rosenstein, L. K., **Johnson, B. N.**, Clouthier, T. L., & Clarkin, J. F. (2019, April). *In-session mentalizing as a predictor of outcome in three psychotherapies for borderline personality disorder*. Paper presented at the 7th annual conference of the North American Society for the Study of Personality Disorders, Pittsburgh, PA.
- 16. Austin, S. B., **Johnson, B. N.**, & Chapman, A. L. (2018, September). Assessing the Goldilocks principle in personality: A latent class analysis of self-reported biotemperament, self-control, and psychopathology. Paper presented at the 5th International Congress on Borderline Personality Disorder and Allied Disorders, Barcelona, Spain.
- 15. Levy, K. N., Kivity, Y., Gooch, C. V., & **Johnson, B. N.** (2018, August). *Attachment style*. In J. C. Norcross (Chair), *Evidence-based responsiveness—Personalizing psychotherapy to the individual patient*. Symposium conducted at the 2018 annual meeting of the American Psychological Association, San Francisco, CA.
- 14. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Pincus, A. L., & Newman, M. G. (2018, June). *Determining the clinical utility of borderline personality disorder subtypes*. In S. Zilcha-Mano

- (Chair), *Unique characteristics of psychotherapy with patients with personality disorders*. Symposium conducted at the 49th annual convention of the Society for Psychotherapy Research, Amsterdam, Netherlands.
- 13. Levy, K. N., **Johnson, B. N.**, Kivity, Y., & Gooch, C. V. (2018, June). *Attachment in psychotherapy*. In J. C. Norcross (Chair), *Psychotherapy relationships that work II: Therapist and patient contributions*. Symposium conducted at the 34th annual meeting of the Society for the Exploration of Psychotherapy Integration, New York, NY.
- 12. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Pincus, A. L., & Newman, M. G. (2018, April). Screening BPD in everyday life: Evaluating the ecological validity of the McLean Screening Instrument for BPD. In M. Zimmerman (Chair), Screening for personality disorders. Symposium conducted at the 2018 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
- 11. Crow, T. M., **Johnson, B. N.**, Levy, K. N., Powers, A. D., & Bradley, B. (2018, April). *Borderline personality disorder traits moderate the relationship between trauma load and posttraumatic stress disorder symptoms*. Paper presented at the 2018 annual meeting of the North American Society for the Study of Personality Disorders, New York, NY.
- 10. Austin, S. B., & **Johnson, B. N.** (2017, September). Chairs. *Understanding and treating core features of borderline personality disorder: International perspectives from future research leaders*. Symposium conducted at the 15th biennial convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
- 9. **Johnson, B. N.**, Austin, S. B., Dixon-Gordon, K. L., & Chapman, A. L. (2017, September). From two to four factors: A more nuanced examination of behavioral approach and avoidance system functioning in mood and personality disorders. In S. B. Austin and G. Newton-Howes (Chairs), *Motivation meets affect: Integrating generative and regulatory emotional processes in borderline personality disorder*. Symposium conducted at the 15th biennial convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
- 8. Anderson, T., Beaulieu-Tremblay, T., Clouthier, T. L., Drapeau, M., Eubanks, C. F., **Johnson, B. N.** (Chair), Laverdière, O., Levy, K. N. (Chair), Lipner, L. M., Milman, E., Pascual-Leone, A., & Perlman, M. R. (2017, June). *Building bridges between science and practice: Trainee and trainer experiences*. Structured discussion held at the 48th annual convention of the Society for Psychotherapy Research, Toronto, ON, Canada.
- 7. **Johnson, B. N.**, Temes, C. M., Scala, J. W., & Levy, K. N. (2017, April). *Understanding dimensions and types of borderline personality disorder through factor mixture modeling*. Paper presented at the 2017 annual convention of the North American Society for the Study of Personality Disorders, New York, NY. (Awarded Best "Speed-Data" Talk Award)
- 6. Rosenstein, L. K., Temes, C. M., **Johnson, B. N.**, Levy, K. N. (2017, April). *Which borderline personality disorder criteria predict self-harm in a college sample?* Paper presented at the 2017 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
- 5. **Johnson, B. N.**, Levy, K. N., Scala, J. W., Temes, C. M., & Gooch, C. V. (2016, April). *Clinically relevant subtypes of borderline personality disorder and the role of attachment attitudes*. Paper presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
- 4. Scala, J. W., Levy, K. N., Ellison, W. D., **Johnson, B. N.**, Pincus, A. L., Newman, M. G., & Wilson, S. J. (2016, April). *Characterizing instability in self-image in BPD: An ecological momentary*

- assessment approach. Paper presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
- 3. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Wilson, S. J., Newman, M. G., & Pincus, A. L. (2015, October). Using ecological momentary assessment to identify daily risk for suicidality and self-injury in borderline personality disorder. In K. N. Levy (Chair), *Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment.* Symposium conducted at the 14th biennial convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
- 2. Scala, J. S., Ellison, W. D., Johnson, B. N., Pincus, A. L., Newman, M. G., Wilson, S. J., & Levy, K. N. (2015, October). An ecological momentary assessment approach to examining the role of negative affect, impulsivity, and self-concept clarity in predicting self-injurious urges in borderline personality disorder. In K. N. Levy (Chair), Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment. Symposium conducted at the 14th biennial convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
- 1. Clouthier, T. L., Levy, K. N., Temes, C. M., Scala, J. S., & **Johnson, B. N.** (2015, June) Understanding personality disorders through an attachment theoretical framework: Implications for psychotherapy integration. In K. N. Levy (Chair), *Integrative approaches to understanding and treating personality pathology*. Symposium conducted at the 31st annual meeting of the Society for the Exploration of Psychotherapy Integration, Baltimore, MD.

Posters

- 27. *Louteiro, K., **Johnson, B. N.**, Winters, G. M., Jeglic, E. J. (2024, October). *Investigating racial identity and borderline personality disorder as predictors of sexual grooming vulnerability*. Poster submitted to the annual American Psychology-Law Society Conference, San Juan, Puerto Rico.
- 26. *Ran, T., Furer, M. L., Wilson, S. J., Levy, K. N., & **Johnson, B. N.** (2023, April). *Examining mechanisms and moderators of the relationship between narcissistic and borderline traits and suicide*. Poster presented at the 2023 annual conference of the North American Society for the Study of Personality Disorders, Waltham, MA.
- 25. *Irace, K. G. †, *Sturm, A. N.†, Furer, M. L., Wilson, S. J., Levy, K. N., & **Johnson, B. N.** (2022, October) *Exploring the associations among facets of impulsivity and antisocial and narcissistic personality traits*. Poster presented at the 2022 annual meeting of the New Jersey Psychological Association, NJ. †(*These authors share first-authorship.*)
- 24. *Stein, A. G., & **Johnson, B. N.** (2022, July). *Defining the BPD "favorite person": A descriptive analysis of social media posts.* Poster presented at the 25th annual meeting of the Society for Interpersonal Theory and Research, Virtual.
- 23. **Johnson, B. N.**, McKernan, L. C., & Bruehl, S. (2022, April). *Co-occurring trauma and non-suicidal self-injury among people with chronic pain: A systematic review and neurobiological framework.*Abstract presented at the 9th annual conference of the North American Society for the Study of Personality Disorders, Virtual.
- 22. Smith, J., **Johnson, B. N.**, Henriques, G., Marquis, A., & Lane, R. D. (2020, May) *The common infrastructure of psychotherapy*. Online poster presented at the 36th annual meeting of the Society for the Exploration of Psychotherapy Integration, Vancouver, Canada. (Conference canceled due to COVID-19, posters made available online at: https://psychology.unt.edu/posters).

- 21. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, February). *Comparing anxiety and risk taking between psychopathy subtypes and narcissism*. Poster presented at the 90th Eastern Psychological Association, New York City, NY.
- 20. McKernan, L. C., **Johnson, B. N.**, Walsh, C. G., Bruehl, S., & Crofford, L. J. (2018, September). Childhood trauma and experiential avoidance as risk factors for co-morbid central sensitization and post-traumatic stress disorder in chronic pain. Poster presented at the 17th World Congress of the International Association for the Study of Pain, Boston, MA.
- 19. Brenner, E. K., Grossner, E. C., **Johnson, B. N.**, Bernier, R. A., Soto, J., & Hillary, F. G. (2018, February). *Racial and ethnic differences in discharge destination for individuals with TBI*. Poster presented at the 46th annual meeting of the International Neuropsychological Society, Washington, D.C.
- 18. **Johnson, B. N.**, Temes, C. M., Scala, J. W., & Levy, K. N. (2017, September). *Dimensions and types of borderline personality disorder: How heterogeneous is BPD really?* Poster presented at the 15th annual convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
- 17. Austin, S. B., Per, M., **Johnson, B. N.**, Dixon-Gordon, K. L., & Chapman, A. L. (2016, October). *Repertoires of emotion regulation and their effects on NSSI frequency, versatility and severity*. Poster presented at the Suicide and Self-Injury Special Interest Group of the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 16. Austin, S. B., Per, M., **Johnson, B. N**., Dixon-Gordon, K. L., & Chapman, A. L. (2016, October). *Always running from the storm: A closer look at emotion dysregulation and experiential avoidance in BPD*. Poster presented at the 21st annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY. **(ISITDBT Poster Award Finalist)**
- 15. Crow, T., **Johnson, B. N.**, Scala, J. W., & Levy, K. N. (2016, April). *Childhood trauma types are differentially associated with personality disorder criteria in individuals with borderline personality disorder*. Poster presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
- 14. **Johnson, B. N.**, Ellison, W. D., & Levy, K. N. (2016, January). *Does self-concept clarity mediate the relationship between impulsivity and high-risk behaviors?* Poster presented at the 17th annual convention of the Society for Personality and Social Psychology, San Diego, CA.
- 13. **Johnson, B. N.** & Levy, K. N. (2015, October). *Factor analytic structures of borderline symptoms in an undergraduate sample: Reducing the heterogeneity*. Poster presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
- 12. **Johnson, B. N.**, Ashe, M. L., & Wilson, S. J. (2015, October). *Self-control as a transdiagnostic mediator of problematic alcohol use across personality disorder profiles*. Poster presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
- 11. **Johnson, B. N.**, & Levy, K. N. (2015, March). *Prevalence of personality disorders and other Axis I disorders in a university-based rural community mental health clinic*. Poster presented at the annual convention of the North American Society for the Study of Personality Disorders, Boston, MA.
- 10. **Johnson, B. N.**, Carey, S. C., & Ramirez, C. L. (2014, November). *Physiological sensitivity and perceptions of criticism in an adolescent BPD sample*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- 9. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Differences in subtypes of emotion dysregulation across primary reasons for self-harm*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 8. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Understanding the relationships between NSSI function, frequency, and emotion regulation*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 7. **Johnson, B. N.**, & Bliwise, N. G. (2014, April). *Love me do: Romantic relationships as a buffer against attachment insecurity*. Poster presented at the 13th annual Georgia Undergraduate Research in Psychology conference, Kennesaw, GA.
- 6. **Johnson, B. N.**, Carey, S. C., Ramirez, C. L., Lim, N. E., & Ritschel, L. A. (2013, November). *The relationship between emotional awareness and delayed engagement in self-harm*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
- 5. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *The relationship between child treatment gains and parent stress in an adolescent DBT program*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
- 4. **Johnson, B. N.**, Carey, S. C., Stewart, L. M., Lim, N. E., Ramirez, C. L., Craighead, W. E., & Ritschel, L. A. (2013, November). *The impact of behavioral activation on anxiety in youth with major depression*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- 3. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *The trajectory of group attendance in DBT for adolescents*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- 2. **Johnson, B. N.**, & Bliwise, N. G. (2013, June). *An alternate reality: Real-life relationship building in the virtual world.* Poster presented at the 2013 biennial meeting of the Association for Research in Personality, Charlotte, NC.
- 1. **Johnson, B. N.**, & Bliwise, N. G. (2013, April). *Painting the self: Personal descriptions reflect underlying attachment styles in an undergraduate sample*. Poster presented at the 2013 annual meeting of the Georgia Psychological Association, Stone Mountain, GA. (Awarded 1st place in the undergraduate division)

COMMUNITY, LOCAL, AND UNIVERSITY PRESENTATIONS

*Mentored student at time of work.

Papers Papers

- 4. *Stein, A. G. & **Johnson, B. N.** (2024, April). *Pathways to care that support recovery from BPD*. Paper presented at the 2024 Emotions Matter BPDFest Spring Conference, Virtual.
- 3. **Johnson, B. N.**, Levy, K. N., Pincus, A. L., Ellison, W. D., Scala, J. W., Newman, M. G. & Wilson, S. J. (2015, December). *Identifying acute and chronic risk for self-harm in borderline personality disorder: An ecological momentary assessment study*. Paper presented at the fall 2015 biannual Penn State Mini-Conference on Intensive Longitudinal Methods, University Park, PA

- 2. Gooch, C. V., Levy, K. N., **Johnson, B. N.**, (2015, July). *Attachment as a moderator of psychotherapy outcome across treatment type: A meta-analysis*. Paper presented at the 2015 annual Ronald E. McNair and Summer Research Opportunity Program Symposium, University Park, PA.
- 1. **Johnson, B. N.**, Levy, K. N., Pincus, A. L., Ellison, W. D., Scala, J. W., Newman, M. G. & Wilson, S. J. (2015, May). *Revealing suicide risk: Event history analysis of urges to self-harm in a clinical sample*. Paper presented at the spring 2015 biannual Penn State Mini-Conference on Intensive Longitudinal Methods, University Park, PA.

Posters

- 9. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, April). *Psychometric properties of the McLean Screening Instrument for BPD in a mixed sample*. Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
- 8. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, March). *Comparing anxiety and risk-taking between psychopathy subtypes and narcissism*. Poster presented at annual meeting of the Eastern Psychological Association, New York City, NY.
- 7. Gooch, C. V., Levy, K. N., Scala, J. W., & **Johnson, B. N.** (2015, September). *Prediction of suicidality in outpatients with childhood trauma history: Does context matter?* Poster presented at the 2017 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA.
- 6. Gooch, C. V., Levy, K. N., **Johnson, B. N.** (2015, September). *Attachment as a moderator of psychotherapy outcome across treatment type: A meta-analysis.* Poster presented at the 16th annual National Conference for McNair Scholars and Undergraduate Research, Baltimore, MD.
- 5. Ross, A. M., Levy, K. N., & **Johnson, B. N.** (2015, April). *The breaking point: The moderation of trauma on the relationship between borderline personality disorder and academic functioning.* Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
- 4. Meinert, J. A., Levy, K. N., & **Johnson, B. N.** (2015, April). *Emotion recognition and childhood trauma in borderline personality disorder*. Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
- 3. Ross, A. M., Levy, K. N., & **Johnson, B. N.** (2015, April). *The achievement gap: The relationship between borderline personality disorder and academic functioning.* Poster presented at the 2015 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA. (Awarded 3rd place in the Social and Behavioral Sciences division.)
- 2. Meinert, J. A., Levy, K. N., & **Johnson, B. N.** (2015, April). Childhood trauma as a mediator of the relationship between borderline personality disorder and emotion recognition. Poster presented at the 2015 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA. (Awarded honorable mention for the University Libraries Award for Information Literacy.)
- 1. **Johnson, B. N.**, & Bliwise, N. G. (2012, April). *An alternate reality: Real-life relationship building in the virtual world.* Poster presented at the 2012 annual Scholarly Inquiry & Research at Emory Research Symposium, Atlanta, GA.

MANUSCRIPT ACKNOWLEDGMENTS

4. Kivity, Y., Levy, K. N., Kelly, K. M., & Clarkin, J. F. (2021). In-session reflective functioning in psychotherapies for borderline personality disorder: The emotion regulatory role of reflective functioning. *Journal of Consulting and Clinical Psychology*, 89(9), 751–761. https://doi.org/10.1037/ccp0000674

- 3. Woods, W. C., Edershile, E. A., Ringwald, W. R., Sharpe, B. S., Himmelstein, P. H., Newman, M. G., Wilson, S. J., Ellison, W. D., Levy, K. N., Pincus, A. L., Creswell, J. D., & Wright, A. G. C. (in preparation). Psychometric evaluation of a visual interpersonal analogue scale
- 2. Ellison, W. D., Levy, K. N., Newman, M. G., Pincus, A. L., Wilson, S. J., & Molenaar, P. C. M. (2019). Dynamics among borderline personality and anxiety features in psychotherapy outpatients: An exploration of nomothetic and idiographic patterns. *Personality Disorders: Theory, Research, and Treatment*.
- 1. Levy, K. N., Draijer, N., Kivity, Y., Yeomans, F. E., & Rosenstein, L. K. (2019). Transference-focused psychotherapy (TFP). *Current Treatment Options in Psychiatry*, 6(4), 312–324. https://doi.org/10.1007/s40501-019-00193-9

RESEARCH SUPPORT

Extramural Support

R01 DK129624 PI(s): Elisabeth M. Sebesta, MD; 1/8/2024 – 7/31/2026

Lindsey C. McKernan, PhD, MPH

National Institute of Diabetes and Digestive and Kidney Diseases

Role: Statistical Consultant

Total costs: \$1,989,754

Stress and Anxiety Effects on Overactive Bladder: A Controlled Study

Understanding how underlying disease mechanisms in overactive bladder contribute to the development of urinary symptoms, including urinary urgency and urgency incontinence, is highly relevant to public health. The proposed, interdisciplinary research that includes experts in Urology, Psychology, and chronic pain research will contribute to the fundamental knowledge of how psychology relates to bladder sensitivity and to psychological burdens in people with overactive bladder and how this can be measured effectively. This will allow future studies in which interventions to improve bladder health and incontinence can be implemented and outcomes recorded, with the goal of improving bladder health.

R01 DK128293 PI(s): Elisabeth M. Sebesta, MD; 1/8/2024 – 7/31/2025

Lindsey C. McKernan, PhD, MPH

National Institute of Diabetes and Role: Statistical Consultant Total costs: \$1,554,676

Digestive and Kidney Diseases

Role: Statistical Consultant

Total costs: \$1,334,670

Central Sensitization and Psychosocial Impacts on Overactive Bladder

Understanding how underlying disease mechanisms in overactive bladder contribute to the development of urinary symptoms, including urinary urgency and urgency incontinence, is highly relevant to public health. The proposed, interdisciplinary research that includes experts in Urology, Psychology, and chronic pain research will contribute to the fundamental knowledge of how central sensitization relates to bladder sensitivity and to psychological burdens in people with overactive bladder and how this can be measured effectively. This will allow future studies in which interventions to improve bladder health and incontinence can be implemented and outcomes recorded, with the goal of improving bladder health.

AIM Clinical Science Fellow Grant AIM Youth Mental Health PI(s): Benjamin N. Johnson, Ph.D. 9/1/2021 – 8/31/2022 Total costs: \$50,000

Developing Algorithms to Predict Suicidality and Self-Harm Among Young Adults in Daily Life

This study aims to generate predictive computational models that clinicians and researchers will be able to use to predict who is most likely to experience suicidal thoughts, urges to self-injure, and actual suicidal behaviors. This study asks undergraduate participants to complete questions about their mood, their mental health, their behaviors, and their interactions with others on their smartphones as they go about their everyday life and uses machine learning approaches to develop these predictive models.

F31 MH121020 PI(s): Benjamin N. Johnson, Ph.D. 1/14/2020 – 8/31/2021

National Institute of Mental Health Role: PI Total costs: \$97,028

Refining and Validating Borderline Personality Disorder Phenotypes Through Factor Mixture Modeling
This project aims to clarify the symptomatic heterogeneity of borderline personality disorder (BPD) by
examining BPD phenotypes through advanced latent variable modeling. A second aim is to validate these
findings through intensive longitudinal assessment in daily life.

Basic Psychological Science Research PI(s): Benjamin N. Johnson, Ph.D.

2015

Grant

National Institute of Mental Health Role: PI

Total costs: \$1,000

Identifying Joint Attention Deficits in Children of Mothers With Emotion Regulation Difficulties

This project aims to identify children at risk for deficits in joint attention, a precursor to emotion regulation, based on parental emotion dysregulation severity and to determine the relationship between parental emotion dysregulation severity and infant's ability to engage in joint attention among children in both severe and matched control conditions.

Intramural Support

2023 Grant-in-Aid, Fairleigh Dickinson University (Principal Investigator)

Project: "The Impact of Childhood Sexual Abuse Disclosure"

Award: \$4,000

The Pennsylvania State University Liberal Arts Research and Graduate Studies Office

Dissertation Support

Award: \$1,500

2017 Superior Teaching and Research (STAR) Award, The Pennsylvania State University, College

of the Liberal Arts (Principal Investigator)

Project: "Understanding Dimensions and Types of Borderline Personality Disorder Through

Factor Mixture Modeling"

Award: \$1,020

PAST RESEARCH EXPERIENCE

2014–2021 Laboratory for Personality, Psychopathology, and Psychotherapy Research, The

Pennsylvania State University, Principal Investigator: Kenneth N. Levy, Ph.D.

Graduate Student

Graduate Lab Manager

Website Team Coordinator

Involved in a variety of research studies focused on borderline personality pathology, attachment, developmental psychopathology, and psychotherapy; coordinate post-baccalaureate laboratory managers and undergraduate research assistants in conducting mobile device data capture study of individuals with anxiety disorders and borderline personality disorder. Write and contribute to manuscripts, present research findings, analyze data, coordinate miscellaneous tasks of laboratory managers and research assistants.

2013–2014 Laboratory of Personality and Psychopathology, Emory University, Principal Investigator:

Drew Westen, Ph.D.

Assessor

Conducted assessments using the Structured Clinical Interview for DSM-IV Axis I Disorders and Axis II Personality Disorders, as well as the prototype matching system of diagnosis designed by Drew Westen, Ph.D.

2012–2014 **Child and Adolescent Mood Program**, Emory University School of Medicine, Principal Investigator: W. Edward Craighead, Ph.D.

Research Coordinator

Involved in dialectical behavior therapy treatment outcome program for adolescents and young adults, behavioral activation treatment program for depressed adolescents, and various research studies on adolescents with symptoms of borderline personality disorder; consented participants, ran functional magnetic resonance imaging tasks, conducted pain tolerance and computerized emotion recognition tasks, completed physiological data collection procedures, conducted clinical interviews, performed phone screens, analyzed data, addressed administrative tasks.

2012–2014 **Mood and Anxiety Program**, Emory University School of Medicine, Principal Investigator: Boadie W. Dunlop, MD

Study Interviewer

Involved in 14-week NIH-funded adult depression treatment study, as well as several other research studies focused on depression and posttraumatic stress disorder. Consented participants, conducted clinical interviews, oversaw MRI scanning procedure, ran computerized decision-making tasks, conducted neuropsychological testing, processed blood plasma/serum, performed phone screens, addressed administrative needs.

2011–2012 Adult Development Lab, Emory University, Principal Investigator: Nancy G. Bliwise, Ph.D. Honors Thesis: "An Alternate Reality: Real-Life Relationship Building in the Virtual World." (Received Highest Honors)

Description: Designed a virtual training paradigm to enhance participants' secure attachment

attitudes and behaviors. 50 undergraduate participants completed both the online intervention program and the in-person lab visit. Results suggested an overall

decrease in attachment anxiety.

2010–2011 **Bauer Memory Development Lab**, Emory University, Principal Investigator: Patricia J. Bauer, Ph.D.

Laboratory Scheduler

Research Assistant

Managed scheduling and recruitment for child memory research, using databases and making phone calls and sending emails to parents. Assisted researchers with coding data, data input, and transcribing interviews. Assisted in eyeblink and event-related potential studies.

CLINICAL WORK & SUPERVISION

CLINICAL INTERNSHIP

2020-2021 Doctoral Internship Program in Clinical Psychology. Director: Elizabeth Ochoa, Ph.D.

Site: Mount Sinai Beth Israel

Full-time, year-long clinical internship, including child, adolescent, and adult outpatient psychotherapy and assessment; dialectical behavior therapy and interpersonal process group facilitation; inpatient individual and group psychotherapy and evaluation; and psychiatric emergency room evaluation and brief intervention.

SUPERVISORY EXPERIENCE

2021-present

2022-present **Mount Sinai Beth Israel.** Group psychotherapy supervisor. Director: Elizabeth Ochoa, Ph.D. Focus: Well-Being Therapy

Center for Psychological Services. Individual psychotherapy supervisor. Director: Stefanie Ulrich, Ph.D.

2020-2021 **Mount Sinai Beth Israel.** Extern co-supervisor. Primary supervisor: Alexis Briggie, Ph.D. Focus: Inpatient Dual Diagnosis Group Psychotherapy

2018–2019 **Penn State Psychological Clinic.** Peer supervisor. Primary supervisors: Kenneth N. Levy, Ph.D., Kristen M. Kelly, Ph.D., CRNP.

Focus: Transference-focused psychotherapy

SPECIALIZED CLINICAL TRAINING RECEIVED

2018 Core Clinical Training in Dialectical Behavior Therapy, 70-hour year-long training program conducted by Treatment Implementation Collaborative. Includes 16 hours online training, 42 hours in person training, and monthly case consultation meetings. Instructors: Annie McCall, M.A., LMHC; Andrew Fleming, Ph.D.

CLINICAL PRACTICA

2018–2020 Consultation Team for Personality Disorder Treatment Program. Peer supervision.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Dialectical-behavior therapy

2018–2020 Advanced Psychotherapy Team. Supervisor: Kristen Kelly, Ph.D., CRNP

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Psychodynamic/integrative

2017–2018 Practicum in Neuropsychological Assessment. Supervisors: Michael Keil, Ph.D., Peter A.

Arnett, Ph.D.

Peer supervisors: Cristina Roman, M.S., Margaret Cadden, M.S., Rachel Bernier, M.S.

Site: Penn State Psychological Clinic (Community Mental Health Center)

2016–2017 **Practicum in Cognitive-Behavioral Therapy**. Supervisor: Michelle G. Newman, Ph.D.

Peer supervisor: Ki Eun Shin, M.S.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Cognitive-behavioral therapy

2016, Summer Practicum in Clinical Methods. Supervisors: Michael J. Roche, Ph.D., Sandra Testa Michelson,

Ph.D.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Integrative cognitive-behavioral/dynamic psychotherapy

2015–2016 Contemporary Treatment for Personality Disorders. Supervisor: Kenneth N. Levy, Ph.D.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Transference-focused psychotherapy

2015, Summer Clinical Methods. Supervisor: Michael C. Wolff, Ph.D.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Primary therapeutic modality: Motivational interviewing.

2015, Spring Clinical Assessment. Supervisor: Stephen J. Wilson, Ph.D.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Structured clinical interviewing for Axis I and II disorders using structured clinical assessment tools (using the Structured Clinical Interview for the DSM-IV and International Personality

Disorder Examination)

2014, Fall Clinical Assessment. Supervisor: Kenneth N. Levy, Ph.D.

Site: Penn State Psychological Clinic (Community Mental Health Center)

Structured clinical interviewing for Axis I and II disorders using structured clinical assessment tools (using the Structured Clinical Interview for the DSM-IV and International Personality

Disorder Examination)

TEACHING & MENTORSHIP

TEACHING EXPERIENCE

Clinical Psych 2024, Fall, 2022, Fall	ology Interns Seminar: Transference-Focused Psychotherapy Model, Mount Sinai Behavioral Health Center.
<u>Doctoral</u> 2024, Fall 2023, Fall 2022, Fall	Personality Disorders (PSYC 9141), Fairleigh Dickinson University.
2024, Fall 2023, Fall 2022, Fall 2021, Fall	Developmental Issues in Clinical Psychology (PSYC 6132), Fairleigh Dickinson University.
2024, Summer 2023, Summer	Statistics II (PSY 802), Long Island University
2024, Spring 2023, Spring	Seminar in Clinical Psychology (PSYC 9145), Fairleigh Dickinson University.
2024, Spring 2023, Spring 2022, Spring	Advanced Psychodynamic Psychotherapy (PSYC 9143), Fairleigh Dickinson University.
2023, Fall	Research Design and Analysis I (PSYC 7110), Fairleigh Dickinson University
Masters 2024, Fall 2024, Spring 2023, Fall	Statistics and Research Methods (PSYC 6121) (remote, China), Fairleigh Dickinson University
<u>Undergraduat</u> 2024, Fall	e Psychological Statistics (PSYC 2210), Fairleigh Dickinson University
	Psychological Science and Fiction (PSYC 3326/LITS 2326) (online asynchronous course), Fairleigh Dickinson University.
2022, Spring	Applied Research Methods (PSYC 2212) (online asynchronous course), Fairleigh Dickinson University.
2019, Spring	Elementary Statistics in Psychology (PSYCH 200) (online asynchronous course), The Pennsylvania State University.
2018, Fall	Personality Theory (PSYCH 438), The Pennsylvania State University.

WORKSHOPS & TRAININGS GIVEN

2024, August 2022, June Dialectical Behavioral Therapy-Informed Treatment, Fairleigh Dickinson University. 16-hour workshop on dialectical behavior therapy-informed skills given to clinical psychology doctoral students.

GRAND ROUNDS & COLLOQUIA

- 2024, Oct. 13 Vanderbilt University Medical Center, Department of Psychiatry, *Grand Rounds*. [Title Forthcoming] (*Invited*)
- 2024, Oct. 12 Vanderbilt University, Osher Center for Integrative Health, *Colloquium*. [Title Forthcoming] (*Invited*)
- 2024, Oct. 14 The Pennsylvania State University Psychological Clinic, *Clinical Grand Rounds*. "A Theoretical Framework for Co-Occurring Physical Pain, Trauma, and Personality Disorders". (*Invited*)
- 2022, April 11 Fairleigh Dickinson University, School of Psychology and Counseling. School Psychology "All Program Meeting" Colloquium. "Personality Pathology and Adolescence"
- 2021, Nov. 3 Fairleigh Dickinson University, School of Psychology and Counseling. Clinical Psychology PhD Colloquium. "Using the Internet in Research and Clinical Work" Petts-Santer, R. A., & **Johnson, B. N.**
- 2021, Mar. 25 Mount Sinai Beth Israel, Department of Psychiatry. *Grand Rounds*. "Do All Roads Lead to Rome? A Comparative Exploration of Psychodynamic and Behavioral Approaches to Treating Borderline Personality Disorder"
 Johnson, B. N., Gvozdieva, K., DelNero, J., McClean, C., Bendet, M., & Medzhitova, J.
- 2021, Feb. 26 The Ohio State University, Department of Psychology. *Clinical Area "Brown Bag" Seminar*. "Research Collaboration in Graduate Training."
- 2016, Dec. 5 The Pennsylvania State University Psychological Clinic. *Clinical Grand Rounds*. "Understanding Dimensions and Types of Borderline Personality Disorder Through Factor Mixture Modeling."

INVITED LECTURES & SEMINARS

- **Johnson, B. N.** (2019, April). Applying to graduate school in psychology. *PSY_OX 210 Section 2: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- **Johnson, B. N.** (2019, April). Applying to graduate school in psychology. *PSY_OX 210 Section 1: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- **Johnson, B. N.** (2018, August). Introduction to joining datasets using dplyr. *2018 PSU Psychology R Bootcamp* (Instructors: Michael N. Hallquist, Ph.D.; Rick O. Gilmore, Ph.D.; Nilam Ram, Ph.D.). Invited presentation given at The Pennsylvania State University, University Park, PA.
- **Johnson, B. N.** (2017, October). Models incorporating structural and measurement components. *PSY 597: Introduction to Structural Equation Modeling* (Instructor: Michael N. Hallquist, Ph.D.). Invited seminar delivered at The Pennsylvania State University, University Park, PA.
- **Johnson, B. N.** (2017, September). Latent variables, parameter estimation, maximum likelihood. *PSY 597: Introduction to Structural Equation Modeling* (Instructor: Michael N. Hallquist, Ph.D.). Invited seminar delivered at The Pennsylvania State University, University Park, PA.

- **Johnson, B. N.** (2016, November). Applying to graduate school in psychology. *PSY_OX 210: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- **Johnson, B. N.** (2015, March). Self-harm in borderline personality disorder. *PSYCH 490: Senior Seminar in Psychology* (Instructor: Aaron L. Pincus, Ph.D.). Invited lecture to be delivered at The Pennsylvania State University, University Park, PA. (Cancelled due to inclement weather.)
- **Johnson, B. N.** (2014, April). Studying to learn: Multiple intelligences, study tips, and reaching your career goals. *ENG_OX 205Q -09A: Poetry*. Invited lecture delivered at Oxford College of Emory University, Oxford, GA.
- **Johnson, B. N.** (2014, April). Studying to learn: Multiple intelligences, study tips, and reaching your career goals. *ENG_OX 205Q -10A: Poetry*. Invited lecture delivered at Oxford College of Emory University, Oxford, GA.

STUDENTS MENTORED

2024-Present	Abigail Wolff, B.A.	TO CALL TO CALL THE CO.	
-	11018411 0111, 24111	Fairleigh Dickinson University	[Title Forthcoming]
2024-Present	Rachel Hafner, M.S.	Fairleigh Dickinson University	[Title Forthcoming]
2023-Present	Cate Longmore-Micham, M.A.	Fairleigh Dickinson University	[Title Forthcoming]
2023-Present	Matt Sefcik, M.A.	Fairleigh Dickinson University	[Title Forthcoming]
2023-Present	Angela Candrilli, M.A.	Fairleigh Dickinson University	Refining the Constructs of Negative Masculinity: A Psychometric Evaluation
2022-Present	Caitlin Krause, M.A.	Fairleigh Dickinson University	The Invalidating Disclosure: Exploring the Emotional and Behavioral Impact of Childhood Sexual Abuse Disclosure Experience
2022-Present	Madison Lukenda, M.A.	Fairleigh Dickinson University	[Title Forthcoming]
2022-Present	Shawal Pall, M.A.	Fairleigh Dickinson University	Exploring the Relationship Between Immigration Stress, Ethnic Identity Integration, and Psychological Well Being
2022-Present	Neha Srinivas, M.A.	Fairleigh Dickinson University	Suicide Across Dimensions: Cultural Variations in Risk Factors
2021-Present	Alexandra Stein, M.A.	Fairleigh Dickinson University	Differentiating the "Favorite Person" in Borderline Personality Disorder Through Relational Patterns

Doctoral Students: Dissertation Committee Member

2024-Present	Sorrel Johnson, M.S.	Long Island University	Psychotherapy Technique and Emotional Communication: The Relationship Between Technique Use in Psychotherapy and Patient Speech Styles Associated with the Referential Process
2024-Present	Daniella Supple, M.A.	Fairleigh Dickinson University	The Relationship Between Childhood Sexual Abuse, Early Maladaptive

2022-Present

Wilmaris Chanza, B.A.

			Schemas, Age of Onset, and Adult Psychopathology
2024-Present	Daniella Greenfield, M.A.	Fairleigh Dickinson University	An Examination of Public Perceptions of the Association Between Sexual Grooming and LGBTQ+ Communities
2024-Present	Carol Noueihed, M.A.	Fairleigh Dickinson University	Social Cognition, Intellectual Abilities, and Violence in Forensic Inpatients Diagnosed with Schizophrenia Spectrum Disorders
2024-Present	Theresa Ebo, M.A.	Fairleigh Dickinson University	[Title Forthcoming]
2023-Present	Carla Capone, M.A.	Chestnut Hill University	[Title Forthcoming]
2023-Present	Allison Parente, M.A.	Fairleigh Dickinson University	The Relationship Between Character Strengths and Common Psychological Disorders
2023-Present	Allison Cangemi, M.A.	Fairleigh Dickinson University	The Relationship Between Spirituality and Emotional Well-Being in Children and Adolescents
2023-Present	Bina Westrich, M.A.	Fairleigh Dickinson University	Overuse/Underuse/Optimal Use of Character Strengths and Associations with Consequential Life Outcomes
2022-Present	Cecilia Allan, M.A.	Fairleigh Dickinson University	Development and Validation of a Model of Sexual Grooming Behaviors in Child Sex Trafficking
2022-Present	Liat Schneier, M.A.	Fairleigh Dickinson University	The Protective Role of Sleep on Children's Mental Health in the Context of Screen Media Use
2022-Present	Maram Barakat, M.A.	Fairleigh Dickinson University	Item-Level Effects in Clinical Trials of Depression
2022	Amanda Persaud, Ph.D.	Fairleigh Dickinson University	A Bidimensional Model of Acculturation: Understanding Mental Health Perspectives Among Immigrant and Non-Immigrant Indian Groups
Master's Students: Thesis Chair			
2023-2024	UeKi Tsang, M.A.	Columbia University, Teachers College, Clinical Psychology	Reframing Identity Disturbance in Borderline Personality Disorder: A Multifaceted Exploration of Self and Other Perspectives
Masters-Level Research Assistants			
2024-Present	Jenna Regec, B.A.	Fairleigh Dickinson University, F	-
2023-Present	Kayla Louteiro, B.A.	Fairleigh Dickinson University, F	Forensic MA Program

Fairleigh Dickinson University, Forensic MA Program

Benjamin Norman Jol	nnson
Curriculum Vitae	

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2022-2024	Dedeepya Sukha, M.S.	Fairleigh Dickinson University, General/Theoretical Psychology MA
2022-2024	Jessica Torres, M.A.	Fairleigh Dickinson University, General/Theoretical Psychology MA
2022-2023	Stine Oksana, M.A.	Fairleigh Dickinson University, General/Theoretical Psychology MA
2022-2023	Anna Moffitt, M.A.	Fairleigh Dickinson University, Forensic MA Program
2022-2023	Caitlyn Moore, M.A.	Fairleigh Dickinson University, Forensic MA Program
2022-2023	Paula Ruess, B.A.	Fairleigh Dickinson University, 4+1 Psychology MA Program

<u>Undergraduate-Level Research Assistants</u> 2023-2024 Stephanie Bart, B.A. Fairleigh Dickinson University, Undergraduate Psychology Program

SERVICE

COMMITTEE EXPERIENCE

International Society for the Study of Personality Disorders. Student Committee

2022-2023 Past President

Provide guidance and knowledge to current Student Committee based on prior membership as President of the Committee. Serve as sounding board to new ideas and initiatives posited by the Committee.

2021 Poster Award Reviewer

2020–2022 *President*

Responsible for society student member recruitment and maintenance, organization, planning, and implementation of student-focused events at biennial conferences, and enhancing student engagement in the society and the field of personality disorder research and practice at large.

2018–2020 Acting President

Responsible for society student member recruitment and maintenance, organization, planning, and implementation of student-focused events at biennial conferences, and enhancing student engagement in the society and the field of personality disorder research and practice at large.

2015–2018 Vice President

Assist the president in the role of recruiting new student members to the organization, facilitating conference events such as workshops and presentations, and enhance student engagement in the society and the field of personality disorder research and practice.

2022-present Coalition for the Advancement and Application of Psychological Science, Clinical Science

Knowledge Exchange

Consultant

Provide expert consultation on latent class/profile analysis.

2023 North American Society for the Study of Personality Disorders

2023 Conference Abstract Reviewer

2021-2022 Division 29 of the American Psychological Association (Society for the Advancement of

Psychotherapy), Mentorship Program

Mentor

Provided one-on-one career mentorship to an undergraduate student pursuing training in clinical psychology.

2019–2022 Society for the Exploration of Psychotherapy Integration, Special Interest Group on

Psychotherapy Convergence

Steering Committee Member

Psychology Today Psychotherapy Convergence Blog Editor

Group dedicated to the exploration, identification, and promotion of broad acceptance of scientifically grounded, foundational principles underlying the action of diverse techniques and modes of psychotherapeutic intervention.

2015–2021 Division 29 of the American Psychological Association (Society for the Advancement of

Psychotherapy), Student Development Committee

Member

Support the goals of student members of Division 29. Tasks include: reviewing entries for Student Paper Competition; recruiting student submissions for *Psychotherapy Bulletin*; keeping student section of Division 29 website up-to-date.

2019 **International Society for the Study of Personality Disorders**, Public Health and Personality Disorders Subcommittee

Member

Subcommittee of the International Society for the Study of Personality Disorders (ISSPD) devoted to outlining the public health significance of personality disorders and identifying plans for the ISSPD in terms of research, education, and advocacy related to these issues.

2015–2019 Association for Research in Personality, P Newsletter Web Committee

Web Production Member

Assistant editor of *P* newsletter of the Association for Research in Personality. Received materials for newsletter from contributors. Organized and outlined web-based newsletter. Managed technical process and HTML coding.

2015–2018 American Psychological Association Society of Clinical Psychology and Society for a Science of Clinical Psychology, Research Assistance Task Force

Member

Task force designed to aid clinical practitioners in psychology with developing and conducting research activity through their practice. Provided guidance and support and assist in all areas of the research process, from conceptualization to publication.

2015–2016 Society for Personality and Social Psychology, Graduate Student Committee

Student Insight Committee Chair

Graduate Student Poster Award Committee Chair

SPSPotlight Newsletter Co-Editor

Student Diversity Issues Task Force Member

Undergraduate Student Poster Award Committee Member

Speed Data-ing Event Committee Member

Committee serving the student body of the Society for Personality and Social Psychology. Coordinated various events at the annual convention, facilitated student engagement and diversity, and managed the "SPSPotlight," the committee's online newsletter.

2013–2014 National Institutes of Health and Emory University School of Medicine, Network for

Excellence in Neuroscience Clinical Trials

Coordinator Collaborative Group Member

Orientation Subcommittee Member

Program designed to increase efficiency of Phase II clinical trial research. Collaborated to streamline study design and enrollment process at Emory. Developed research coordinator orientation manual for the School of Medicine.

2013–2014 Emory University, Office of Institutional Research, Planning, and Effectiveness

Quality Enhancement Plan: "The Nature of Evidence," Committee Member

Program designed to enhance campus life for undergraduate students of Emory by fostering an understanding of empiricism and intellectual curiosity. Incorporated collaborative brainstorming and planning meetings as well as dissemination of information to the university as a whole.

OTHER REVIEWER EXPERIENCE

Society for a Science of Clinical Psychology, Dissertation Award

2017 Psi Chi International Honor Society in Psychology and The Pennsylvania State University,

Penn State Psi Chi Research Conference Poster Presentations

2015–2016 American Psychological Association of Graduate Students, Basic Science Research Grant

2014–2017 Association for Psychological Science Student Caucus, Student Grant Competition

OTHER EXPERIENCE

2016–2019 **Stat-Help.com**

Consultant

Provide free statistical consulting to people across the world doing research. Answer questions about statistical topics submitted via email.

2010–2012 **Psi Chi Psychology Honors Society**, Emory University

Peer Mentor

Addressed concerns and answered questions, through emails, info panels, and one-on-one advising sessions, of undergraduates majoring or interested in psychology.

Office of Student Leadership and Service, Emory University

2011 Orientation Captain

Managed administrative tasks including event planning, scheduling, and management regarding orientation of new students on campus. Organized "Best in Show," showcase of Emory's performance groups for the student body. Organized diversity-awareness skits, directing a cast of twenty Orientation Leaders to perform educational theatre for the freshman class. Led a group of Orientation Leaders through the training process to be facilitators of new student orientation, encouraging positive group dynamics

2010 Orientation Leader

Led a group of fourteen freshmen through group bonding and acclimatization process of orientation. Helped run and facilitate Orientation Week events and programs.

2009 Office of Student Development, Oxford College of Emory University

Peer Assistant Leader

Led orientation for seventeen freshmen on campus, organizing group meetings and social activities.

OTHER

MEDIA PRESENCE

Media Coverage

- M Monghan (2023, September 10). Research updates: A suicide intervention app for college students. *AIM Youth Mental Health*. Retrieved from https://aimymh.org/suicide intervention app for college students/
- SK Witbourne (2020, July/August). On the border of borderline personality *Psychology Today*. (Coverage of Johnson & Levy, 2019, in Personality Disorders: Theory, Research, & Treatment)
- SK Witbourne (2020, April 11). Looking below the threshold in borderline personality: A new study on borderline personality reveals its two subthreshold dimensions [Web log post] "Fulfillment at Any Age," Psychology Today. Retrieved from https://www.psychologytoday.com/us/blog/fulfillment-any-age/202004/looking-below-the-threshold-in-borderline-personality?amp (Coverage of Johnson & Levy, 2019, in Personality Disorders: Theory, Research, & Treatment)
- K Lentz (2018, October 18). Why your TV show gives you feels. *Valley Magazine*. Retrieved from http://www.valleymagazinepsu.com/its-completely-ok-to-cry-over-a-tv-show/

Web Articles and Blog Posts

- 6. **Johnson, B. N.** (2020, Nov. 5). Are you sure your therapy has a recipe? *Psychology Today*. https://www.psychologytoday.com/us/blog/convergence-and-integration-in-psychotherapy/202011/are-you-sure-your-therapy-has-recipe
- 5. **Johnson, B. N.** (2020, Sep. 24). 4 reasons why we resist psychotherapy integration. *Psychology Today*. https://www.psychologytoday.com/us/blog/convergence-and-integration-in-psychotherapy/202009/4-reasons-why-we-resist-psychotherapy
- 4. **Johnson, B. N.** (2020, July 30). 5 things I took from the article "Medicine and the Mind." *Psychology Today*. https://www.psychologytoday.com/us/blog/convergence-and-integration-in-psychotherapy/202007/5-things-i-took-the-article-medicine-and
- 3. **Johnson, B. N.** (2020, May 6). The viability and utility of consensus. *Psychology Today*. https://www.psychologytoday.com/us/blog/convergence-and-integration-in-psychotherapy/202005/the-viability-and-utility-consensus
- 2. **Johnson, B. N.** & Lipner, L. M. (2019, June). Crossing the distance between you and me: Five tips for addressing the interpersonal challenges of personality disorder. [Web article]. Retrieved from: https://societyforpsychotherapy.org/crossing-the-distance-between-you-and-me
- 1. Austin, S. B. & **Johnson, B. N.** (2017, June). Addressing and managing resistance with internalizing clients. [Web article]. Retrieved from: http://www.societyforpsychotherapy.org/addressing-resistance

ADVANCED ANALYSIS/METHODOLOGY TRAINING

- 2017, Fall HD FS 534: Person-Specific Data Analysis. *The Pennsylvania State University*. Instructor: Peter C. M. Molenaar, Ph.D.
- 2017, Spring HD FS 530: Longitudinal Structural Equation Modeling, *The Pennsylvania State University*. Instructor: Peter C. M. Molenaar, Ph.D.
- 2016, Fall HD FS 597F: Person-Centered Methods: Advanced Contingency Table Analysis, *The Pennsylvania State University*. Instructor: Mark Stemmler, Ph.D.

2016, Fall	PSY 597: Introduction to Exploratory Data Analysis and Data Management, <i>The Pennsylvania State University</i> . Instructor: Michael N. Hallquist, Ph.D.
2016, Spring	BB H 521: Structural Equation Modeling, <i>The Pennsylvania State University</i> . Instructor: John Graham, Ph.D.
2015, Fall	HD FS 597F: Applied Longitudinal Data Analysis: Design and Analysis of Intensive Longitudinal Studies and Data, <i>The Pennsylvania State University</i> . Instructor: Nilam Ram, Ph.D.
2015, Fall	PSY 597C: Multilevel Theory, Measurement, and Analysis, <i>The Pennsylvania State University</i> . Instructor: James M. LeBreton, Ph.D.
2015, Fall	HD FS 597A: Advanced Topics in Latent Class Analysis, <i>The Pennsylvania State University</i> . Instructor: Bethany C. Bray, Ph.D.
2015, Spring	HD FS 523: Strategies for Data Analysis in Developmental Research, <i>The Pennsylvania State University</i> . Instructor: Nilam Ram, Ph.D.

STATISTICAL PROGRAMS Microsoft Excel

Microsoft Excel Mplus R

Statistical Package for the Social Sciences (SPSS)