Updated Brain Death Guidelines

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CEREBRAL PERFUSION SCAN



Objectives

- Review criteria for a patient to undergo brain death testing.
- Discuss barriers in performing brain death testing and apnea testing.
- Understand when to obtain ancillary testing and the timing of ancillary testing.
- Review ethical dilemmas with brain death testing.
- Present new workflow of documenting brain death testing.





9moF previously healthy admitted after being found down in the bathtub. She required >50 minutes of CPR prior to achieving ROSC.

- Initial Head CT: diffuse cerebral edema with effacement of sulci and crowding of basilar cisterns.
- She is warmed to 37C and maintained on a low dose epinephrine infusion with improvement in her hemodynamics.
- Her exam is concerning for absent pupillary, cough, and gag reflexes.

You are concerned that this patient has progressed to brain death due to her severe anoxic injury.

- Does this patient qualify for brain death testing?
- When are you able to perform the first brain death test in this patient?

Prerequisite Conditions

Age \geq 37 wk corrected gestational age

Etiology of brain injury must be known

- Neuroimaging should be consistent with the mechanism and severity of brain injury
- Primary posterior fossa injury: ensure concurrent catastrophic supratentorial injury

Observe for sufficient time to determine the severity and permanency of the brain injury

- < 24 mo old: wait > 48 hr independent of brain injury etiology
- \geq 24 mo old: wait > 24 hr after hypoxic-ischemic brain injury
- After medical or surgical interventions to treat intracranial hypertension, wait sufficient time to ensure no recovery of brain function

Core body temperature

- \geq 36°C
- If temperature \leq 35.5°C, wait >24 hr after rewarming to \geq 36°C

Blood pressure

- Adults: SBP $\geq 100\,\text{mm}$ Hg and MAP $\geq 75\,\text{mm}$ Hg
- Children: SBP and MAP greater than or equal to fifth percentile for age
- VV ECMO: same as for non-ECMO
- VA ECMO: MAP \geq 75 mm Hg (adults) or \geq fifth percentile for age (children)

Toxicology

- Ensure toxicology (urine and blood) screening, if clinically indicated, is negative
- Alcohol blood level \leq 80 mg/dL

Medications

- Confirm medication levels (when available) are in therapeutic or subtherapeutic range
- Allow at least five half-lives to pass
- Consider age-dependent metabolism
- Consider a longer elimination period if the patient has renal or hepatic dysfunction
- Consider a longer elimination period if the patient is obese or is hypothermic

Exclude severe metabolic, acid-base, and endocrine derangements

- Sodium: < 130 mmol/L or > 160 mmol/L
- Glucose: < 70 mg/dL or > 300 mg/dL
- Blood urea nitrogen: > 75 mg/dL
- Calcium (iCa): < 7 mg/dL or > 11 mg/dL (< 1 mmol/L or > 1.3 mmol/L)
- Magnesium: < 1.5 mg/dL or > 4 mg/dL
- pH: < 7.3 or > 7.5
- Total T4^a: < 3 mg/dL or > 30 mg/dL; free T4^a: $\leq 0.4 \text{ ng/dL}$ or > 5 ng/dL
- Ammonia^a: > 75 µmol/L

Back to our Case

During the patient's initial brain death testing, the patient has flexion of the thigh, leg, and foot during noxious stimuli of the right lower extremity.

- What is this movement?
- Does this patient need ancillary testing?
 - No she does not



eTABLE 4. DESCRIBED SPINAL REFLEXES IN BD/DNC*

| Reflex | Description |
|--|---|
| Decerebrate-type movements ²⁷ | Spontaneous extension of the extremities |
| Extensor-like posturing ²⁷ | Back arching to the left or right |
| Eyelid opening ²⁷ | Opening of the eyelids after nipple stimulation |
| Fasciculation ^{e89} | Twitching of contiguous groups of muscle fibers |
| Head turning ^{27, e90-e92} | Intermittent head turning from side to side every 10-30 seconds with or without extension of the upper extremities |
| Hugging ²⁷ | Flexion of the trunk and movement of the arms in a hugging-like manner |
| Lazarus sign ^{27, e89, e93-e98} | Bilateral arm flexion, shoulder adduction, and hand raising to chest, face, or endotracheal tube with dystonic posturing of the fingers |
| Limb elevation ²⁷ | Raising of limbs off the bed |
| Myoclonus ^{e89} | Twitching or contraction of a muscle or group of muscles |
| Plantar response*89 | Plantar flexion |
| Pronator-extension*89 | Pronation and extension of the upper extremity |
| Respiratory-like movements ²⁷ | Adduction of both shoulders followed by a slow cough-like movement |
| Repetitive leg movements*99 | Slight flexion of the leg and foot |
| Thumbs Up sign ^{e100} | Isolated thumb extension |
| Triple flexion ^{e89} | Flexion of the thigh, leg, and foot |
| Undulating toe ²⁷ | Slow flexion then extension of the toes |

Spinal reflex versus purposeful withdrawal?



- Pinch the skin on the extensor and flexor sides of the limb and noting the direction of movement.
- Purposeful withdrawal should be away from painful stimulus.
- In flexor posturing the arm flexes even when the flexor side of the arm is pinched.
- Reflexes can cross midline

If it is unclear whether observed limb movements are spinally mediated, determination of BD/DNC should include an ancillary test.

Reflexes can cross midline



Back to Case 1

You have completed the initial portion of your patient's brain death testing and will now proceed to the apnea test.

• What are your steps in performing the apnea test in this patient?

Prerequisites

Prio

- 1. Ensure the patient is not hypercarbia, hypotensive, hypovolemic, or hypothermic
- 2. Determine if the nationt has baseline CO, retention due to pre-existing disease and whether the baseline Paco, is known

Prior to procedure

- 1. Preoxygenate for at least 10 minutes with 100% Fig, aiming for Pag, > 200 mm Hg
 - 2. Check ABG to establish baseline pH, Pao, Paco, within above parameters

travenous

n ancillary

Disconnect the patient from intermittent mandatory ventilation and provide apheic oxygenation

Techniques for providing apneic oxygenation

- 1. Tracheal insufflation for patients ≥18 years old
 - a. Place a catheter inside the endotracheal or tracheostomy tube such that it approximately terminates just above the level of the carina.

n a natient without known baseline CU, retention, adjust the ventilator to achieve a normal Paco, C35-45 mm Hgl and nH 17.35-7.45

The apnea test is consistent with BD/DNC if these conditions are met

- 1. No respirations or effort occurs, and
- 2. The arterial pH level is <7.30, and

3a. In patients who are known NOT TO HAVE chronic CO₂ retention, the Paco₂ level is ≥60 mm Hg AND ≥20 mm Hg above the patient's pre-apnea test baseline level.

- ii. Disable apnea alarm or lengthen to maximum allowable limit and assign provider to manually silence alarm
- iii. Remove all condensation from the inspiratory and expiratory limbs of ventilator circuit
- iv. Position the ventilator circuit away from the patient's body to allow for close examination of the chest and abdomen
- v. Adjust the trigger sensitivity to a level that avoids auto-triggering but is sensitive enough to detect a true spontaneous respiratory effort. Auto-triggering may falsely indicate a patient is initiating respiratory effort.
- d. T-piece resuscitator (e.g., Neopuff ventilator for infants)

These techniques may need modification in patients with communicable respiratory illness^{e101,e102}

Case 2

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15yoM admitted with a TBI after GSW to the head. He has significant facial trauma (including ocular) and refractory elevated ICPs requiring sedation, paralysis, and eventual pentobarbital infusions. Pentobarbital is discontinued for planned brain death testing.

• What are your considerations for brain death testing in this patient?

Toxicology

- Ensure toxicology (urine and blood) screening, if clinically indicated, is negative
- Alcohol blood level \leq 80 mg/dL

Medications

- Confirm medication levels (when available) are in therapeutic or subtherapeutic range
- Allow at least five half-lives to pass
- Consider age-dependent metabolism
- Consider a longer elimination period if the patient has renal or hepatic dysfunction
- Consider a longer elimination period if the patient is obese or is hypothermic

Exclude severe metabolic, acid-base, and endocrine derangements

- Sodium: < 130 mmol/L or > 160 mmol/L
- Glucose: < 70 mg/dL or > 300 mg/dL
- Blood urea nitrogen: > 75 mg/dL
- Calcium (iCa): < 7 mg/dL or > 11 mg/dL (< 1 mmol/L or > 1.3 mmol/L)
- Magnesium: < 1.5 mg/dL or > 4 mg/dL
- pH: < 7.3 or > 7.5
- Total T4^a: < 3 mg/dL or > 30 mg/dL; free T4^a: $\leq 0.4 \text{ ng/dL}$ or > 5 ng/dL
- Ammonia^a: > 75 µmol/L

Pentobarbital's half life is 26 ± 12 hours... Confirm level (<5) or wait 3-8 days to pass

Have to consider other sedation and neuromuscular blockade.

PDF with half lives



eTABLE 2. COMMON MEDICATIONS ADMINISTERED TO CRITICALLY ILL PATIENTS AND ESTIMATED HALF-LIVES^a Pharmacokinetics Comments Drug Intravenous sedatives Infant ≤28d 3.2 hours <2 years: 2.3 hours 14 Pediatric Hepatic impairment Compared to a baseline half-life of 2.5 hours in healthy adult patients, clearance in mild, moderate, and 2-11 years: 1.6 hours severe hepatic impairment was 3.9, 5.4, and 7.4 hours, respectively.^{e33} Dexmedetomidinee32 Adult ~3 hours Consider tapering rather than abrupt cessation for patients on >24 hours of therapy to avoid hemodynamic changes. Metabolism Hepatic Excretion Urine (95%) Infant ≤28d Continuous infusion: Plasma terminal half-life was found to be ~5.5 hours when administered as a continuous infusion.435 Pediatric 2.6-3.5 hours 1 1/2 Adult Etomidate^{e34} Hepatic impairment: In patients with cirrhosis, the terminal half-life of continuous infusion can be prolonged up to Metabolism Hepatic; plasma esterases 2-fold (~9 hours).e36 Urine (~75%), bile (10%) Excretion Infant ≤28d Pediatrice39 ~2.5 hours 1,5 Adult Ketamine^{e37, e38} Metabolism Hepatic Urine (91%) Excretion Renal impairment: With continuous infusions, half-life of the parent compound can increase up to 2-fold. Half-life of the Infant ≤28d 4–12 hours active metabolite can increase significantly compared to control group.^{e41} 1 2.9-4.5 hours Pediatric Special populations with prolonged half-lives: Midazolame40,6 Adult ~3 hours Elderly: Increased 2-fold Metabolism Hepatic Heart failure: Increased 2-fold Hepatic impairment: Increased 2.5-fold

Due to this patient's facial injuries...

Indications for Ancillary Testing

Ancillary testing should be used in the following situations

Injuries or abnormalities preclude accurate assessment of any component of the neurologic examination (with the notable exception of the oculocephalic reflex in the setting of cervical spine instability, provided the oculovestibular reflex can still be tested)

Inability to perform or complete the apnea test safely because of the patient's risk of cardiac or pulmonary decompensation

Inability to interpret Paco₂ levels in a patient with chronic hypercarbia for whom the chronic baseline Paco₂ level is unknown

Findings on neurologic examination that may be difficult to interpret, such as limb movements that may or may not be spinally mediated

Metabolic derangements unable to be adequately corrected

Ancillary testing... New timeline!





9yoM presented as a level 1 trauma after a sledding accident. His initial head CT demonstrated bilateral atlanto-occipital dissociation, subarachnoid hemorrhage in basilar cisterns and 4th ventricle, and likely cerebral edema. On HD 2, he lost his pupillary reflex and EEG demonstrated no activity.

A portion of the clinical exam other than the oculocephalic reflex could not be assessed safely or it was unclear whether observed limb movements were spinally mediated (note that even if a person does not have all limbs, painful stimulation can still be provided to the torso as close to the termination of the limb as possible, so this does not necessitate ancillary testing); however, the remainder of the test was performed to the fullest extent possible and responses were consistent with BD/DNC. *(Ancillary testing is required.)* (14a) Reason(s) for incomplete testing (check all that apply):

Anophthalmia; Corneal trauma or transplantation; Fracture of the base of the skull or petrous temporal bone; High cervical cord injury
 Ophthalmic surgery that influences pupillary reactivity; Severe facial trauma; Severe pre-existing neuromuscular disorder
 Severe orbital or scleral edema or chemosis; Limb movements that may be spinally mediated; Other (specify):

Oculocephalic versus Oculovestibular reflex:

Recommendations: Oculocephalic Reflex (OCR) vs Oculovestibular Reflex (OVR)

- Clinicians <u>must</u> determine that there is no OCR
 - Unless there is concern for cervical spine or skull base integrity.
- If the OCR is absent bilaterally or if the OCR cannot be tested, <u>OVR</u> <u>must be performed bilaterally</u>.
 - So that means we should always be testing both OCR and OVR if possible.
- If the OCR cannot be tested:
 - Clinicians may diagnose BD/DNC <u>without</u> ancillary testing provided that the OVR can be tested and is absent bilaterally and all other BD/DNC criteria are satisfied.

OCR and OVR Test the Same Cranial Nerves

- OCR can be harmful with C-spine injury or absence of skull base integrity
- OVR provides a stronger vestibular stimulus
 - May be a more sensitive test
- OVR can be done incorrectly:
 - Examine auditory canals for patency and intact TMs
 - Elevate head to 30° to place horizontal semicircular canals in optimal orientation
 - Using a catheter attached to a syringe placed inside one of the auditory canals
 - Irrigate 50–60mL of ice water
 - For at least 60 seconds
 - Observe for extraocular movements
 - There should be a >5-min interval before testing opposite side to allow endolymph temperature to equilibrate



Back to our case!

The first brain death test is performed and is consistent with brain death.

Father refuses second brain death exam.

- How do you proceed?
- Do you need consent to perform the second brain death test?

• No.

Death by BD/DNC criteria is equivalent medicolegally to death by cardiopulmonary criteria

- Clinicians <u>do not need to obtain consent</u> before an evaluation for BD/DNC
 - Unless otherwise stipulated by the institution's policy or state laws or regulations.
- Clinicians should make a reasonable attempt to inform the patient's family of the plan to perform a BD/DNC examination.
- Clinicians should provide the option for the family to observe the clinical evaluation, including apnea testing.
 - Clinicians should inform families that patients may have reflexive movements originating from:
 - The spinal cord
 - Muscles
 - Nerves
 - These movements do not preclude determination of BD/DNC.

Case 4

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5yoF presents after an MVC. She had multiple cardiac arrests prior to arrival and required an ex-lap due to abdominal trauma with significant bleeding requiring MTP. She developed TRALI with need for the oscillator and has had continued hemodynamic instability with 3 vasoactive infusions.

- She develops bilateral fixed and dilated pupils
- CT head reveals loss of grey/white differentiation, effacement of all ventricles, and concern for tonsillar herniation.
- Her vasoactive support includes epinephrine 0.3 mcg/kg/min, norepinephrine 0.2 mcg/kg/min, and vasopressin of 0.02 units/kg/hr.
- Family has opted to proceed with brain death testing of their child.
 - What are your considerations for brain death testing in this patient?

Indications for Ancillary Testing

Ancillary testing should be used in the following situations

Injuries or abnormalities preclude accurate assessment of any component of the neurologic examination (with the notable exception of the oculocephalic reflex in the setting of cervical spine instability, provided the oculovestibular reflex can still be tested)

Inability to perform or complete the apnea test safely because of the patient's risk of cardiac or pulmonary decompensation

Inability to interpret Paco₂ levels in a patient with chronic hypercarbia for whom the chronic baseline Paco₂ level is unknown

Findings on neurologic examination that may be difficult to interpret, such as limb movements that may or may not be spinally mediated

Metabolic derangements unable to be adequately corrected

But the guidelines state that both apnea tests should still be attempted.



2023 BRAIN DEATH GUIDFUNF



Case 5

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5yoF with history of VP shunt, seizures, chronic respiratory insufficiency with nighttime BiPAP develops progressive lethargy and abnormal breathing that leads to cardiac arrest requiring CPR enroute to the ED.

- Upon arrival to the ED, she has fixed and dilated pupils with no corneal, cough, or gag reflexes.
- CT head performed which was concerning for shunt malfunction with brainstem compression and was taken to the OR for shunt revision.
- Unfortunately, despite revision, she continues to have loss of brainstem reflexes.
- She is also visiting from out of town, and you do not have access to her baseline pCO₂ levels (known to be high).
 - What are your considerations with regards to the apnea testing for this patient?

Indications for Ancillary Testing

Ancillary testing should be used in the following situations

Injuries or abnormalities preclude accurate assessment of any component of the neurologic examination (with the notable exception of the oculocephalic reflex in the setting of cervical spine instability, provided the oculovestibular reflex can still be tested)

Inability to perform or complete the apnea test safely because of the patient's risk of cardiac or pulmonary decompensation

Inability to interpret Paco₂ levels in a patient with chronic hypercarbia for whom the chronic baseline Paco₂ level is unknown

Findings on neurologic examination that may be difficult to interpret, such as limb movements that may or may not be spinally mediated

Metabolic derangements unable to be adequately corrected

CO₂ Goals for Apnea Testing

Patient does NOT have chronic CO₂ retention

- PaCO₂ level is ≥60 mmHg
- AND ≥20 mmHg above the patient's pre-apnea test baseline level

In patients who are KNOWN TO HAVE chronic CO_2 retention, and the baseline PaCO₂ is KNOWN

- PaCO₂ level is ≥60 mmHg
- AND ≥20 mmHg above the patient's known chronic elevated premorbid baseline level.

In patients who are SUSPECTED TO HAVE chronic CO₂ retention, but the baseline PaCO₂ is UNKNOWN

- PaCO₂ level is ≥60 mmHg
- AND ≥20 mmHg above the patient's pre-apnea test level
- AND an ancillary test is required.

Other Ancillary Testing Recommendations:

- Do not use ancillary testing in setting of:
 - Hypothermia
 - High-levels of sedation
 - To avoid performing otherwise testable elements of BD/DNC assessment
- If ancillary testing is needed, both examinations and apnea tests need to be as fully performed as possible prior to ancillary testing.
- In patients who meet clinical criteria for BD/DNC, clinicians should **not** perform





4wkM 38wk gestation HLHS s/p Norwood/Sano 3 days ago. Came out of the OR on VA-ECMO due to difficulty separating from bypass. Overnight last night, right pupil became dilated and nonreactive. 3% is pushed and code stroke is called.

- CT head demonstrates a large interventricular and intraparenchymal bleed, effacement of the ventricles and sulci, and transtentorial and uncal herniation.
- Upon return to the unit, the second pupil is nonreactive and patient has lost cough, gag, and corneal reflexes.
- All sedative drips are stopped. Patient remains without any brainstem reflexes on exam.
- Parents ask about organ donation.
 - Can he undergo brain death testing on VA ECMO?
 - What are your considerations with regards to the apnea testing for this patient?
 - Why did we mention gestational age?

Brain death testing on ECMO

It's possible!

Apnea testing on ECMO in general

- 1. Preoxygenate
 - Using 100% FiO₂ on the ventilator
 - And through 100% FiO₂ with the membrane lung
- 2. To achieve an adequate increase in PaCO₂ level:
 - Titrate exogenous CO₂ into the ECMO circuit
 - Or adjust the sweep gas flow rate down
- 3. VA-ECMO: obtain ABG measurements from **both** the patient's A-line and the ECMO circuit post-oxygenator
- 4. Avoid hypotension during apnea testing on ECMO by increasing ECMO flows, IV fluid administration, or vasopressor/ionotropic support



So we have completed one test.... How long do we wait between tests?

Pediatrics

- Two clinicians must each perform a separate and independent examination for BD/DNC.
- A <u>minimum interval of 12 hours</u> should separate the two examinations in pediatrics.

Adults

- Clinicians must perform a <u>minimum</u> of 1 examination for BD/DNC
- Second clinician may perform a separate and independent examination for BD/DNC
 - Performance of 2 independent BD/DNC examinations may decrease the risk of a falsepositive determination due to diagnostic error.



5yoM who couldn't be woken up after a nap. Intubated in the ED for concern for depressed mental status and seizure-like activity.

- Head CT demonstrates markedly abnormal and edematous appearing cerebellar hemispheres
- Repeat head CT 9 hours later shows worsening obstructive hydrocephalus.
- HD2: Goes for decompressive craniectomy and EVD. ICPs are exceedingly difficult to control. Later that day, pupils become nonreactive.
- Soon corneal, cough, and gag reflexes are also lost.
 - Can this patient undergo brain death testing?
 - When can this patient undergo brain death testing?



Primary Posterior Fossa Process

- Patients may appear clinically comatose:
 - Brainstem areflexia
 - Apnea
 - However, they may retain some cortical function
- Clinicians should ensure that the posterior fossa process has also led to catastrophic supratentorial injury
 - Injury should be demonstrated on a conventional neuroimaging study <u>before</u> initiating the BD/DNC evaluation



Time of Death?

- Typical pediatric testing:
 - Time of death = timing of last ABG during apnea test
- With ancillary testing:
 - Time of death = the time an attending clinician documents in the EMR that the ancillary test results are consistent with BD/DNC





- Available in appendix
- Contains many of the special considerations we discussed.

After this talk, we will share a file folder that has this presentation, all the literature, and all the appendices.

eAppendix 5. Brain Death/Death by Neurologic Criteria Checklist

| Last | Name | First name | DOB |] | MRN | |
|---|--|---|--------------------------|---------|----------------|---------------|
| | | | | | | |
| PRI | EREQUISITES FOR CLINICAL EXAM | IINATION | | | | |
| 1. | Ascertainment that the patient has sustain | ed a catastrophic, permanent brain injury caused by a | n identified | 🗆 Yes | 🗆 No | |
| mechanism that is known to lead to brain death/death by neurologic criteria (BD/DNC) (7a and 13a) | | | | | <i>.</i> | |
| 2. | Neuroimaging consistent with mechanism | n and severity of brain injury (in patients with primary | posterior fossa | 🗆 Yes | 🗆 No | |
| | injury, neuroimaging should demonstrate | catastrophic supratentorial injury) (7c and 40) | | | | |
| 3. | Observation for permanency | | | 🗆 Yes | 🗆 No | |
| | a) \geq 48 hours after acute brain injury (parti | icularly hypoxic ischemic brain injury) for patients ≤ 2 | -years-old (8) | Observa | tion period (h | ours): |
| | b) ≥24 hours after hypoxic ischemic brain | injury for patients ≥2-years-old (9b) | | | | |
| | c) A sufficient amount of time after brain | injury to ensure there is no potential for recovery of b | rain function as | | | |
| | determined by the evaluator based on the | ne pathophysiology of the brain injury (9a) | | | | |
| 4. | Core body temperature \geq 36°C (for \geq 24 h | ours for patients whose core body temperature has be | en ≤35.5°C [10a | 🗆 Yes | 🗆 No | Value: |
| | and b]) | | | | | |
| 5. | Systolic blood pressure (SBP) \geq 100 mm | Hg and mean arterial pressure (MAP) \ge 75 mm Hg for | or adults/SBP and | 🗆 Yes | 🗆 No | Value: |
| | $MAP \ge 5^{th}$ percentile for age in children (| for patients on venoarterial ECMO: MAP \geq 75 mm H | Ig for adults/MAP \geq | | | |
| | 5 th percentile for age in children) (11b and | d 11c) | | | | |
| 6. | Exclusion of pharmacologic paralysis (if | administered or suspected) through use of train-of-for | ur stimulator or | 🗆 Yes | □No □1 | Not indicated |
| | demonstration of deep tendon reflexes (1 | 2a) | | | | |
| 7. | Drug levels for medications that may sup | press central nervous system function are therapeutic | subtherapeutic (if | 🗆 Yes | 🗆 No | |
| | available), pentobarbital level is <5 mcg/s | mL (if the patient received phenobarbital) and at least | five half-lives for | | | |
| | all other such drugs have passed (longer i | f there is renal/hepatic dysfunction or if the patient is | obese or was | | | |
| | hypothermic); (12a) | | | | | |
| 8. | Alcohol blood level \leq 80 mg/dL (if clinic | ally indicated) (12a) | | □ Yes | | Not indicated |
| 9. | Toxicology screen (urine and blood) is ne | egative (if clinically indicated) (12a) | | □ Yes | | Not indicated |
| 10. | Exclusion of severe metabolic, acid-base, | , and endocrine derangements; (12a) | | □ Yes | 🗆 No | |
| 11 | A reasonable attempt has been made to in | form the nationt's family of the plan to perform a BD | DNC examination | □ Yes | | |

- (35a)
- Prerequisite Summary (check one):
- □ All prerequisites were met
- Unable to adequately correct metabolic derangements, but all other prerequisites were met, so will complete the neurologic examinations and apnea test(s) and if they are consistent with BD/DNC, will perform ancillary testing (12b)

Citations

- Triple Flexion: <u>https://telegra.ph/Oglyad-pac%D1%96yenta-v-kom%D1%96-05-25</u>
- Hot nose sign: <u>https://radiopaedia.org/articles/cerebral-oedema-</u> <u>summary?lang=us</u>
- OVR Diagram: <u>https://en.wikipedia.org/wiki/Caloric_reflex_test</u>

BRAIN DEATH DOCUMENTATION 2024 GUIDELINES

NEW NOTE GOES LIVE APRIL 3RD



THIS UPDATE...

DOES

- Give the providers a uniform documentation tool
- Save time and reduce confusion

DOES NOT

- Teach a brain death exam
- Substitute for clinical judgement
- Relinquish legal responsibility for the individual provider on performance or changes

GETTING STARTED

- Documentation tool remains in the "Transfer-Discharge" navigator
- Security to access is based on the department and specialty of the individual user (critical care, anesthesia, neurology, neurosurgery, trauma surgery)

- Three-part navigator
 - General instructions
 - Complete Exam
 - Create Note

| ←→ 👩 Chart F | Su Clinica Results Proble 📄 Notes 🧖 Orders Admit Transf | • |
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| | No data found. | |
| | Braindeath Note 🕜 | |
| | + Create Note See All Notes Refresh | |
| | You have no filed Brain Death Examination for this patient within the last 24 hours. | |

GETTING STARTED – NAVIGATOR FUNCTION

- At the top of all navigators, there are options to "Show Row Information" and "Show All Choices"
- Make sure <u>both of these</u> boxes are checked
- Provides you with critical information, reminders, and all available documentation options

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PART 1 - GENERAL INFORMATION

- 2-page instructions including links to the 2024 AAN guidelines and Vanderbilt policies
- Basic reminders for prerequisites and inclusion criteria with reference locations to the AAN guidelines
- Recommendations for Ancillary studies

| Transfer-D | ischarge | | | | | ٢ |
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| | | • <u>Organ</u> • <u>Organ</u> • <u>Determ</u> | Donation after Circulaton ination and Pronouceme ination and Pronounceme | v Death (DCD) nt of Death - Adult ent of Death Pediatrics (a | ge less than 18 years) | |
| | • Pr | Perequisites: Must have a histor lead to brain death Neuroimaging, if o Observation for per determined by the of age Core temp Core ter Systolic BP ≥100 r Exclusion of pharm indicated (12a). D indicated). Pentot (longer for obese p | y of catastrophic, perman (7a and 13a) btained, consistent with semanency of a sufficient examiner. ≥24 hours for emp ≥ 36°C for more than mmHg and MAP ≥75mmH nacologic paralysis (train nacology intoxication incl orug levels that suppress parb <5 mcg/mL. Other signations or patients renal/ | time to ensure there is no patients 2 and older of ≥ 4 a 24 hours (10a and 10b) dg for adults and MAP ≥ 5 of four testing or deep ten uding toxicology screen w CNS function are theraped ubstances, more than 5 has liver dysfunction). | y an identifiable mechanis 7c and 40) potential to recover brain 8 hours for patients less th percentile for age (111 idon reflexes present) ith alcohol ≤80 mg/dL_ <i>if</i> o utic or lower (if available a alf lives for administration | sm known to n function as than 2 years and 11c) c <u>linically</u> and /absorption |
| | • <u>Pi</u> | Temperature: Pa and remain at or a Toxicology/Pharn medications, neuro AED's or pharmaco Metabolic: The pa Hemodynamics: age appropriate bla Irreversibility: The cause of the coma | tient temperature must b bove 36°C (96.8°F) throu nacology: The patient s omuscular blockade ager ologic burst suppression) atient should not have se Shock or ongoing hypote ood pressure throughout e patient's clinical condition. | e greater than or equal to ighout all phases of the ex- hould not have residual ef- nts, atropine, anesthesia o during the test (see final were hypercarbia or electre- ension should be corrected the examination. on and history are consist | 36°C (96.8°F) at the onse am fects of topical pupil dilat r other intoxicants/sedatin point of "prerequisits" abo olyte/metabolic deranger I and the patient have an ent with an irreversible co | et of the exam ing ves (high dose ove) ment established ondition as the |
| | • <u>A</u> | Injuries/abnorn state, severe o accurate asset | rroborative Tests nalities (e.g. C-spine frac besity, severe COPD, ind | tures/high spinal cord inju ability to correct severe me | ry, complex facial trauma etabolic derangement) pr | i, locked-in eclude |

PART 2 – COMPLETE EXAM

- There are two parts to the complete exam: inclusion data with inclusion criteria and exam components
- Exam components will appear after you select inclusion criteria
- Note: Addition "Duration of observation"

| BRAIN DEATH EXAM | †↓ |
|--|--|
| Time taken: 2/26/2024 📋 0819 ④ More ▾ | Show Row Info 🗌 Show Details 🗹 Show All Choices |
| Brain Death Inclusion Criteria | * |
| Diagnosis compatible with brain death | |
| | T 7 |
| Diagnosis should be consistent with an irreversible cause of cerebral function | |
| Duration of observation of permanency after initial injury (hours) | |
| | |
| Duration of time, in hours, after the initial injury that the patient has displayed an ex death cannot be determined in infants under 37 weeks corrected gestational age. "F should wait at least 48 hours after the acute brain injury before initiating the BD/DN (hypoxic ischemic brain injury), an observation period of at least 24 hours is reasona period between brain injury of other etiologies and performance of the BD/DNC eva | wam suspicious for cessation of neurologic function. Brain For infants and children younger than 24 months, clinicians NC evaluation". "In patients older than 2 years with HIBI able. There is no evidence to support a specific observation aluation." |
| Brain Death inclusion criteria | |
| Core temp greater than or equal to 36C Age appropriate blood pr | ressure Fill V 🗅 |
| Absence of pharmacologic intoxication Absence of pharmacologi | ic paralysis |
| Absence of severe metabolic derangement | |
| Inclusion criteria for BD/DNC should include all the following data points | |
| 1 Create Note | |
| I≪ Restore ✓ Close X Cancel | ↑ Previous ↓ Next |
| | |

PART 2 – EXAM COMPONENTS

- All brain death exam components are listed with information for each per the AAN consensus statement.
- Note: Terminology change responses of "Not assessed" are removed and replaced with "Unable to complete".
- Note: Addition of "Absence of sucking and rooting reflexes (<6months of age)". For older patients, the component does not require a response.



PART 2 – EXAM COMMENTS

 If an exam component is not able to be performed or is indeterminate, free text explanation should go here.

| Absent oculovestibular ref | lex (cold caloric) | | |
|--|---|---|-------------|
| Consistent with brain death | Unable to complete | V D | |
| f the OCR is absent bilaterally or erformed bilaterally. If unable to | if the OCR cannot be test o do complete testing, an | ted because of concern for cervical spine or skull base integrity, OVR must be ancillary test should be performed | |
| Absence of corneal reflexe | es | | |
| Consistent with braindeath | Unable to complete | | |
| Clinicians performing the BD/DN | C neurologic examination | n must determine that there are no corneal reflexes bilaterally | |
| Absence of cough | | | |
| Consistent with braindeath | Unable to complete | T D | |
| Clinicians performing the BD/DN | C neurologic examination | n must determine that both the gag and cough reflexes are absent | |
| Absent gag | | | |
| Consistent with brain death | Unable to complete | V D | |
| Clinicians performing the BD/DN | C neurologic examination | n must determine that both the gag and cough reflexes are absent | |
| Absence of sucking and ro | ooting reflexes (<6 n | nonths of age) | |
| Consistent with braining | Unable to complete | | |
| he sucking reflex is a poting reflex is a cent nonths, clinicians | ediated primitive reflex in ed primitive reflex in info DNC neurologic exam | ' n infants that becomes a voluntary response at approximately 4 months of ag ants that disappears between 3 and 6 months of age. In infants younger than mination must determine that there is no sucking or rooting reflex | e. The 6 |
| Exam Comments | | | |
| | | | T D |
| | | | |

PART 2: APNEA TEST WITH INTERPRETATION AND ANCILLARY TESTING

Transfer-

BRAIN DEATH General Instr

Complete Exa Create Note

- An apnea test with an interpretation is required for a complete brain death exam. For patients with two exam requirements (under 18 years of age) apnea tests are required with both examinations for a complete exam
- Indicate if apnea testing is ordered (if any component was indeterminate or marked as "Unable to complete"

| | _ |
|---|---|
| Exam Comments | _ |
| | Ľ |
| Apnea Testing | * |
| Pre-apnea test pH | |
| | |
| Pre-Apnea testing PaCO2 | |
| | |
| Pre-apnea testing PaO2 | |
| | |
| Absence of respiratory effort with PaCO2 greater than 60? | |
| Yes Unable to complete V | |
| Absence of respiratory effort with PaCO2 rise greater than 20? | |
| Yes Unable to complete V | |
| Post-appea testing pH? | |
| | |
| Post-appea testing PaCO2? | |
| | |
| Post-appea testing PaO22 | |
| | |
| | _ |
| Ancillary testing | ~ |
| Ancillary testing ordered? | |
| Yes No Fill V D | |
| If a complete brain death exam with apnea testing (or two complete brain death exams with two complete apnea tests by two different providers separated by 12 hours in patients under the age of 18) cannot be completed or if there are confounding conditions, an ancillary tes should be requested and officially resulted in order to confirm the diagnosis BD/DNC. | t |
| 1 Create Note | |
| | - |

PART 2 : CREATE NOTE – DO NOT USE

⁹ Do not use the "Create Note" in the ancillary testing area. This will not give you the correct format, list the results in the approved verbiage, or store the note under the appropriate note type. Instead proceed to the "Braindeath Note" section and select the "+ Create Note"



PART 3 – BRAIN DEATH NOTE: CREATE YOUR NOTE

• Using this section will automatically create your note creating the correct universal format and give you the interpretation choices.

| Ancillary tes | ting ordered? | | | |
|---|--|---|--|----------------------------------|
| Yes No | | | | |
| If a complete br providers separa should be reque | ain death exam with ated by 12 hours in p sted and officially re | apnea testing (or two complete brain death atients under the age of 18) cannot be comp sulted in order to confirm the diagnosis BD/ | n exams with two complete apnea tests by tw pleted or if there are confounding conditions, ⁄DNC. | o different an ancillary test |
| | | | | |
| ¹ Create Note | | | | |
| toreate Note I≪ Restore | ✓ Close | × Cancel | Previous | ↓ Next |
| Create Note | ✓ Close | × Cancel | 1 Previous | ↓ Next |

Transfer-Discharge

BRAIN DI Genera

Comple

Create

Discharge External Transfer 5 Discharge Readmit Discharge as Deceased Brain Death

PART 3 – CREATE YOUR NOTE

- Clicking on the correct tab will create a properly formatted note with the responses to YOUR last entries only.
- Charting <u>cannot</u> be done by two providers (provider A answering the questions and provider B creating the note).

| My N | ote | Se <u>n</u> sitive | Share w/ Patient Details 余 |
|---------------|--|--|------------------------------|
| Brain | Death Examination | | |
| Service | Pediatric Cardio 🔎 Date of Service: 2 | /26/2024 📋 09:00 AM 🕘 | |
| Cos | ign Required | | |
| Summa | ary: | | |
| 🕸 B | 들 🗩 🤒 ᅿ 🕄 🕈 Insert SmartText 🛙 | ≣ 🗢 ⇒ 🛼 📿 +3 🗉 | |
| | Brain | Death Examination | |
| Patier | t Demographics | | |
| Name | : Stat-Sep Willow Vuh | | |
| DOB: | 1/1/1989 | | |
| | | | |
| Brain | <u>death inclusion criteria</u> Diagnosis: traumatic bead injury | | |
| | Observation of permanency (hours) | : 24 hours hours | |
| intoxic | Inclusion criteria: Core temp greate | r than or equal to 36C, Abs | ence of pharmacologic |
| of pha | rmacologic paralysis | rerungement, rige upproprie | ate blood pressure, ribbenee |
| Exam | nation criteria consistent with brain d | eath? | |
| <u>enarra</u> | Glascow Coma Scale: Consistent v | vith braindeath | |
| | Absence of motor reflexes: Consis Absence of pupillary reflexes? Cons | tent with brain death | |
| | Absence of oculocephalic reflexes: | Consistent with brain death | h |
| | Absence of oculovestibular reflexes | Consistent with brain deal istent with braindeath | ith |
| | Absence of cough: Consistent with | braindeath | |
| | Absence of gag: Consistent with bra | ain death | |
| | | | |
| Apnea | Pre-Apnea Blood Gas: PH:7.41. p | CO2:40, pO2: 210 | |
| | Absence of respiratory effort with P | CO2>60: Yes | |
| | Post-Apnea Blood Gas: pH:7.18, F | 202 rise>20: Yes 202:72, pO2: 80 | |
| Ancilla | ry Testing: | | |
| | Ancillary testing ordered?: No | | |
| 08 | | | |
| | | | |

yet been

PART 3 – CREATE YOUR NOTE: EVALUATION STATEMENTS

- At the bottom of the note, there are 5 evaluation statements. Press F2 to take you to those statements then hover over to see the complete statement before choosing.
- Generally, patients 18 years and older will use the top 3 statements, and patients under 18 will use the bottom three statements

Apnea Testing: Pre-Apnea Blood Gas: PH:7.41, pCO2:40, pO2: 210 Absence of respiratory effort with PCO₂>60: Yes Absence of respiratory effort with PCO2 rise>20: Yes Post-Apnea Blood Gas: pH:7.18, PCO2:72, pO2: 80 Ancillary Testing: Ancillary testing ordered?: No Results of Brain Death Examination: {Results of Brain Death Testing:38509} Daniel Barrett

PART 3: INTERPRETATION OF BRAIN DEATH EXAM

• Press F2 to see choices then hover over the choices to view the entire text before selecting.

Apnea Testing:

Pre-Apnea Blood Gas: PH:7.41, pCO2:40, pO2: 210 Absence of respiratory effort with PCO2>60: Yes Absence of respiratory effort with PCO2 rise>20: Yes Post-Apnea Blood Gas: pH:7.18, PCO2:72, pO2: 80

A complete brain death exam was performed and is consistent with brain death. Declaration of death An incomplete brain death exam was performed due to medical conditions described above. The exa Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the An initial brain death exam of a two exam series was performed and is consistent with brain death. A A second brain death exam of a two exam series was performed and is consistent with brain death. (Results of Brain Death Testing:38509)

Daniel Barrett

Post-Apnea Blood Gas: pH:7.18. PCO2:72. pO2: 80

A complete brain death exam was performed and is consistent with brain death. Declaration of death

A complete brain death exam was performed and is consistent with brain death. Declaration of death by neurologic criteria is the time this exam was completed: ***

A complete brain death exam was performed and is consistent with brain death. Declaration of death by neurologic criteria is the time this exam was completed : ***



Post-Apnea Blood Gas: pH:7.18. PCO2:72. pO2: 80

A complete brain death exam was performed and is consistent with brain death. Declaration of death An incomplete brain death exam was performed due to medical conditions described above. The exa Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the

An incomplete brain death exam was performed due to medical conditions described above. The exam points able to be tested are consistent with brain death. Corroborative ancillary testing is requested and disposition is pending the final interpretation of the ancillary test.

An incomplete brain death exam was performed due to medical conditions described above. The exam points able to be tested are consistent with brain death. Corroborative ancillary testing is requested and disposition is pending the final interpretation of the ancillary test. A complete brain death exam was performed and is consistent with brain death. Declaration of death An incomplete brain death exam was performed due to medical conditions described above. The exa Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the

Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the previous brain death examination, the patient meets criteria and declaration of death by neurologic criteria is the time and date of the final ancillary testing result: ***

Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the previous brain death examination, the patient meets criteria and declaration of death by neurologic criteria is the time and date of the final ancillary testing results: ***. A complete brain death exam was performed and is consistent with brain death. Declaration of death An incomplete brain death exam was performed due to medical conditions described above. The exa Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the An initial brain death exam of a two exam series was performed and is consistent with brain death. A A second brain death exam of a two exam series was performed and is consistent with brain death.

An initial brain death exam of a two exam series was performed and is consistent with brain death. A second complete brain death examination will need to be performed to confirm the diagnosis of brain death.

An initial brain death exam of a two exam series was performed and is consistent with brain death. A second complete brain death examination will need to be performed to confirm the diagnosis of brain death. POST-ADITER BIOOD GRS. DH. 1. 18. PCO2.12. DO2. 80

A complete brain death exam was performed and is consistent with brain death. Declaration of death An incomplete brain death exam was performed due to medical conditions described above. The exa Corroborative ancillary testing has resulted and is consistent with brain death. In combination with the An initial brain death exam of a two exam series was performed and is consistent with brain death. A A second brain death exam of a two exam series was performed and is consistent with brain death. (Results of Brain Death Testing 38509)

A second brain death exam of a two exam series was performed and is consistent with brain death. Declaration of death by neurologic criteria is the time this second exam was completed: ***

A second brain death exam of a two exam series was performed and is consistent with brain death. Declaration of death by neurologic criteria is the time this second exam was completed: ***.

OTHER DOCUMENTATION POINTS

- If a patient has an exam that does not meet brain death criteria (i.e. pupil reactivity, agonal respirations...), this process should NOT be used to document those findings. Please use a progress note, clinical update, acute event or other free text note entry options.
- If Ancillary testing does not corroborate a diagnosis of brain death, this process should NOT be used to document those findings. Please use a progress note, clinical update, acute event or other free text note entry options.

QUESTIONS

• If you have any questions, please feel free to reach out to the content experts. Dr. Michael Wolf, Dr. Dennis Bradley, Dr. Christopher Hughes, Dr. Eddie Qian

 As a reminder, if there are questions regarding pronouncing a patient under the age of 18, the attendings on service in the Pediatric ICU are ALWAYS available (in house call 24/7) to discuss options or assist with the process.
 615-456-6828