

VUH HEEL RELIEF: NURSING CONSIDERATIONS

BRADEN SCORE 16-18

OR

PATIENT REFUSES HEEL
LIFT BOOT

Mepilex heel dressing and pillows



correct



incorrect

* Place 1 pillow longitudinally along the length of each calf

BRADEN SCORE 15 or
LESS

Heel Lift Boots



*Consider bariatric heel lift boot if your patient is using bariatric prevention items (generally over 250 lbs).

HEEL /FOOT PI
PRESENT

Heel Dressing +Heel Lift Boots

- If no prescribed wound dressing apply Mepilex heel foam

