

# MODERN-DAY LOOK-ALIKES

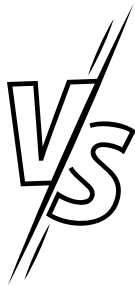
*A visual and informative guide on food, candy, and other ingestible items that are often mistaken as look-alikes to potentially toxic chemicals and drugs.*

WWW.TNPOISONCENTER.ORG

FOR POISON EMERGENCIES CALL 1-800-222-1222



Hand Sanitizer



Fruit Puree

These fun designs can lead to a toxic mistake. **Hand sanitizers contain a high alcohol content** - more potent than beer, wine, and most hard liquors. Improper use can lead to alcohol poisoning, especially in children due to their size.

(American Poison Centers, 2024)

**Alcohol-infused popsicles have been on the rise**, increasing the risk of drunk driving. Proper use and storage of these look-alikes in separate freezers can help reduce the risk of unintentional consumption by children and youth.

(Grand View Research, 2022)



Alcohol-Infused Popsicles



Fruit Popsicles



Tide® Laundry Detergent Pods



Swirl Lollipop Candy

The **convenience of laundry detergent pods has led to unintentional consequences** for households nationwide. In fact, from 2014 to 2022, U.S. poison centers reported more than 114,800 calls related to laundry pod exposures. Always store items in their original containers or properly label new containers.

(Clinical Toxicology, 2023)

The Tennessee Poison Center receives a **significant number of calls each year for children under the age of 6 who have been exposed to delta-8 THC products**. There has been at least one pediatric death reported due to delta-8 THC products with other children who have become severely ill. It is imperative that these products be locked and stored away from children.

(Tennessee Poison Center, 2024)



Delta-8 THC Gummies



Gummy Bears

\*\*The imagery and names of companies and products are for educational purposes only\*\*

# TIPS TO PREVENT A POISON EMERGENCY

## 1. Be Aware of Emotional Purchasing

Did you know that **84% of all shoppers have purchased a product impulsively**? Always double-check packaging before purchasing to prevent accidental exposure to products that could lead to a poison emergency. (Invespro, 2023)



## 2. Prioritize Safe Storage of Potentially Dangerous Products

In 2023, the Tennessee Poison Center handled **nearly 41,000 calls to the Poison Help Hotline that involved unintentional poison emergencies and exposures**. Proper storage, supervision of children, and proper use of products can avoid most poisoning cases. (Tennessee Poison Center, 2023)



## 3. Double Check Labels on Fun and Convenient Packaging

It is crucial now more than ever before to **question and review items before consuming them**. The oversight of potentially poisonous ingredients on packaging that imitate or look similar to food or other consumable items is easily possible.



## 4. Call Poison Control at Anytime for Any Reason

A poison exposure **can happen to anyone of any age, at any time, and for any reason**. Unless the person is in acute distress, the TPC recommends that the public call the Poison Help Hotline first in a poison emergency or for information. This service is **free to the public**, available 24 hours a day, 365 days a year, and staffed with Nurses, Pharmacists, and Physicians with specialized training.



FOR POISON EMERGENCIES CALL

**Signs of acute distress** include the person being unresponsive, blue skin, difficulty breathing or not breathing at all, or having a seizure.

**If a person is in acute distress, please call 911 immediately.**



FOR POISON EMERGENCIES CALL

