

# About Your Nephrostogram

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## *What You Need to Know and Do*

A nephrostogram is done to help diagnose how well a nephrostomy tube is working and make sure the tube has been properly placed.

A nephrostomy tube is a thin plastic tube (catheter) that is put through your skin and into your kidney. The tube drains urine from your kidney into a bag outside your body.

### What should I do before my nephrostogram?

- There is no special preparation necessary before your test. You can eat, drink, and take medications as you normally do.
- Be sure to tell the doctor or technologist if you may be pregnant or are allergic to any medicines, contrast material (dye), or foods.

### What happens during my test?

- You may be asked to change into a hospital gown.
- The test lasts about 30 minutes.
- You will lie on your back while the doctor or technologist injects dye through the nephrostomy tube.
- You will lie in different positions on the table and images will be taken.
- The dye will be drained out at the end of the exam.

### What happens after my test?

- You can return to your normal diet, activity, and medications.
- Your doctor will discuss your test results with you during a follow-up appointment or over the phone.