

Vanderbilt Rehabilitation Therapy

First Day Information for Students

On your first day, you will begin with student orientation to meet with your clinical instructor. During this time, you and your clinical instructor will review VUMC policies/procedures, discuss your VUMC clinical experience plans, review expectations/objectives for your clinical rotation, and begin orienting to the clinic.

It is **strongly** recommended that students pick up their ID badge prior to their first day. If you were not able to get your ID badge prior to your first day, please work out a plan with your clinical instructor to pick up your ID badge on your first day. A scheduled appointment is required for your ID Badge.

Where to Go:

On your first day you will arrive by 8:00 am to:

Vanderbilt Spine Center

One Hundred Oaks Mall
719 Thompson Lane, Suite 23108
Nashville, TN 37204

You will enter at Entrance A in the **back** of One Hundred Oaks. To get to Entrance A, turn into One Hundred Oaks Mall at the traffic light by Panda Express and Panera Bread (across from Staples and Home Depot). Follow the road all the way to the back of the building. You will see a sign for Entrance A. When you enter the building, you will go down the stairs and walk into the main concourse. Turn RIGHT. You will walk all the way down through the first section of clinics, past the escalators and refreshment area until you get to Suite 23108. The clinic will be on your RIGHT. You will see a 'Vanderbilt Spine Center' sign. Let the front desk know that you are a PT student and are there for orientation with Becca.

Parking:

When you arrive, you may park in the parking spots designated with white lines. We ask that students park further from the entrance to allow patients priority access. This lot is monitored, so please do not put your ID badge on until you enter the building to avoid getting a parking ticket. Parking spots designated with yellow lines are reserved for employees. Part-time students will not need a parking permit.

If you have any difficulty locating the clinic on your first day, please call or text your clinical instructor. You may also call the front desk at 615-936-1525.

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VUMC Dress Code

What to Wear:

- Wear name badge above waist at all times
- Business casual attire
- Closed toe shoes with socks or stockings. Neat tennis shoes are acceptable.
- No jeans or short skirts
- No artificial nails or long nails
- No tank tops, tight, low-cut or revealing clothing. You may want to bring a sweater as it is often cool in the clinic.
- Piercings should be ears only. Tattoos should be covered.
- Avoid scented lotions, perfumes, or cologne

What to Bring:

- Bagged lunch or money for lunch. A refrigerator, microwave, and Keurig are available.
- Your car registration, driver's license, and credit card if you wish to get a parking badge.

Nearby Places to Eat:

- Panera Bread
- Panda Express
- Taco Bell
- Chipotle