# Cellular and Humoral Rejections: Diagnosis and Treatment

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## Disclosures

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# Acute Rejection in Transplant – 1<sup>st</sup> year









• 18-34 years

35-49

**X** 65+

50-64



OPTN/SRTR 2021 Annual Data Report

## Why do we care about acute rejection?

The immune system is very sophisticated

Acute rejection is reversible

Acute rejection increases risk of chronic allograft injury

# Types of acute rejection

# Cellular rejection

# Antibody mediated rejection

# Mechanisms of rejection

- Lymphocytes
  - Tcells
  - Bcells
- Innate immune cells
  - NKcells
  - Monocytes / macrophages
- Soluble mediators
  - Antibodies
  - Complement
  - Cytokines

Callemeyn J, Kidn Intl, 2022



# Mechanisms of acute rejection



Diagnosis of acute rejection



# Biopsy is the gold standard for rejection diagnosis



- Decades of data on interpretation
- Guidelines from professional societies for each organ
- Invasive
- Variability in interpretation
- Uncertain relationships with other biomarkers
  - Example: blood tests can miss important antibody deposition in the graft

# Rejection on biopsy

- Features
  - Inflammation
  - Tissue injury
  - Antibody detection or deposition
  - Complement activation (C4d)
  - Fibrosis (chronic changes)
- Location
- Magnitude









# Rejection on biopsy



# Could your biopsy miss the problem?

- Biopsies can show inflammation/injury without allograft dysfunction
  - Lung: ~50% is clinically silent
  - Kidney: 5% had subclinical T-cell rejection
  - Kidney: ~50% with de novo DSA + good graft function had ABMR
- Subclinical rejection may or may not be clinically important
  - Lung: first subclinical rejection may not affect long term graft function
  - Kidney: treatment of subclinical rejection may not impact kidney function 6 months later

Rush D, AJT, 2007 Schinstock C, AJT, 2017 Orandi B, AJT, 2015 Diagnosis of acute rejection



# Why can anti-HLA antibodies be so bad?



- 1. Antibody binds HLA
- 2. Complement system is activated
- 3. Membrane attack complex is formed
- 4. Endothelial cell death
- Releases more donor antigens
   → amplifies

Heeger, Kidney Intl, 2010

## Are all DSAs bad?

- Some antibodies are worse than others
  - Fix complement  $\rightarrow$  more likely to cause cell death
  - High MFI or high titer  $\rightarrow$  more likely to cause injury
  - Class II are usually worse than Class I
- Non-HLA antibodies are increasingly appreciated as important contributors to graft failure
  - Some are donor-specific, but others are not

# Testing for anti-HLA antibodies

• Test the recipient for presence of anti-HLA antibodies



- If HLA-antibodies are found, compare to the donor HLA type to determine if donor-specific
- Then repeat assay with C1q added to see if complement fixing

# Lung transplant patients with DSA have reduced survival







N=445 Morrell, JHLT, 2014

Hachem, JHLT, 2010

# Donor-derived cell-free DNA



- Damage to the allograft releases DNA into the circulation
- Sequencing quantifies how much donor vs. recipient DNA is present
- Low level = graft is healthy
- Example from kidney:
  - Cutoff of 1%: negative predictive value for antibody-mediated rejection of 96%
  - Cutoff of 0.74%: negative predictive value 100%, positive predictive value 69%
    - Did not discriminate between those with and without Tcell-mediated rejection

# Donor-derived cell-free DNA release associates with and precedes rejection





Days in relation to AMR/ACR diagnosis

Agbor-Enoh S, Circulation, 2021



# Gene profiling for heart - Allomap





Pham, NEJM, 2010

# Combination of plasma Allomap and cell-free DNA help assess utility of heart biopsy

| HIGH ALLOMAP / LOW ALLOSURE   | DUAL POSITIVE HEARTCARE (High AlloSure / High AlloMap)   |  |
|---|--|--|
| <ul> <li>A biopsy is unlikely to reveal ACR (ACR positivity in SHORE<sup>4</sup> = 1.9%)</li> <li>Consider biopsy or repeat HeartCare testing earlier if:</li> <li>AlloSure level is close to threshold and increased from prior measurement</li> <li>Consider other pathological causes of an increased AlloMap:</li> <li>CMV infection</li> </ul> | <ul> <li>A biopsy is more likely to reveal ACR<br/>(ACR positivity in SHORE<sup>4</sup> = 9.2%)</li> <li>Biopsy should be considered</li> </ul>  |  |
| Medication adherence review recommended   | Medication adherence review recommended  |  |
| DUAL NEGATIVE HEARTCARE (Low AlloSure / Low AlloMap)  | LOW ALLOMAP / HIGH ALLOSURE  |  |
|   | A biopsy is unlikely to reveal ACR (ACR positivity in SHORE <sup>4</sup> = 4.3%)   |  |
| A biopsy is unlikely to reveal ACR  | Consider a biopsy or repeat HeartCare testing earlier if:  |  |
| (ACR positivity in SHORE <sup>4</sup> = 1.5%)   | • AlloMap is close to threshold and AlloSure has increased by $\ge 0.2\%$ from   |  |
|   | <ul> <li>Prior measurement</li> <li>Recent treatment for rejection (&lt;21 days) or current prednisone &gt;20 mg</li> <li>At risk of Antibody Mediated Rejection/markedly elevated AlloSure</li> </ul> |  |
|   | Consider other possible pathological causes of an increased AlloSure:  |  |
|   | <ul> <li>Cardiac allograft vasculopathy</li> <li>Severe infection</li> </ul>   |  |
|   | Antibody Mediated Rejection (AMR) / Donor specific antibodies  |  |
|   | Medication adherence review recommended  |  |

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#### caredx.com

# Molecular microscope for kidney

• Transcriptomics of 1679 biopsy samples  $\rightarrow$  analyzes patterns of  $\swarrow$  gene expression to give likelihood of different types of organ injury



#### THE MMDx-KIDNEY REPORT



#### THE MMDx-KIDNEY REPORT



### You diagnosed rejection – what do you do?



Is the organ failing?

Are the abnormalities mild or severe? Cellular or antibody related injury? Both?

# Treatment of acute rejection

- Considerations
  - Cellular vs. antibody-mediated vs. both
  - Degree of allograft dysfunction (or lack thereof)
  - Potential for side effects



- There are very few clinical trials that directly compare treatment options
  - Many have <50 patients per group

# Treatment strategies

| Suppress | Suppress Tcell activation                    |
|----------|--|
| Remove   | Remove existing pre-formed antibodies        |
| Stop     | Stop production of additional antibody       |
| Suppress | Suppress signals driving antibody production |
| Stop     | Stop complement activation                   |

# Suppress Tcell activation

- Anti-thymocyte globulin
  - Polyclonal antibody preparation
- Alemtuzumab
  - Anti-CD52
- Co-stimulation blockade
  - Belatacept



# Thymoglobulin / ATG / R-ATG

- Rabbit polyclonal antibodies against human thymocytes
- Depletes Tcells for several months



http://www.thymoglobulin.com

# Alemtuzumab

- Targets CD52, an antigen of unknown function expressed on Tand B lymphocytes
- Profound immunosuppression lasting >6 months



**Figure 1.** Alemtuzumab proposed mechanism of action. NK, natural killer.

# Belatacept

- Fusion protein of Immunoglobulin with CTLA4
- Higher affinity for CD80/CD86 than CD28
  - CD28 not activated
  - Tcells get negative signal
  - Apoptosis



Gupta G, Drug Des Devel Ther, 2010

# Treatment strategies

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# Removing pre-formed antibodies

- Plasmapheresis
  - Removes (all) antibodies from the circulation
- IVIg (immunoglobulin)
  - Binds and facilitates removal of existing antibodies

# Plasmapheresis

Plasma Exchange (PE) treatment diagram



- All antibodies (pathogenic and protective) are affected
- Replace volume with FFP or albumin
- Can adjust the number of exchanges

# IVIG

- Binds to circulating antibodies → neutralizes, facilitates immune complex removal
- Saturates FcRn → prevents recycling of Ab and facilitates degradation in lysosomes
- Blocks complement and other cellular receptors



Nature Reviews | Neurology

Lunemann, Nat Rev Neurol, 2015

# Treatment strategies

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# Stop production of additional antibodies

- Anti-CD20 rituximab
  - Targeted removal of CD20+ B cells
- Proteosome inhibitors bortezomib, carfilzomib
  - Apoptosis of plasma cells
- Anti-CD38 daratumumab
  - Targeted removal of CD38+ plasma cells and NKcells

# Rituximab

- Anti-CD20 antibody (B cells)
- Antibody-dependent cytotoxicity
- Complement-dependent cell lysis
- Antibody-dependent phagocytosis
- Apoptosis due to signal interruption
- Successfully reduces Ab levels and cPRA
  - Many grafts have Ab resurgence within 1 month (Vo, Transplantation, 2014)



# Proteosome inhibitors

- Bortezomib (reversible), carfilzomib (irreversible)
- Misfolded proteins accumulate
  - Apoptosis
- Targets plasma cells
  - Make enormous amounts of protein
- Numerous side effects
- Therapeutic effect lasts up to 6m and then rebounds



Hideshima, Mol Cancer Ther Rev, 20

## Daratumumab

- Anti-CD38 monoclonal antibody (plasma cells, NKcells)
- Mechanism of effect is similar to rituximab
  - Antibody-dependent cytotoxicity
  - Complement-dependent cell lysis
  - Antibody-dependent phagocytosis
  - Apoptosis
- Reduced Ab levels and improved graft survival, but had worse rebound in non-human primates (Kwun, Am J Soc Neph, 2019)
  - CD38 is also on regulatory B cells and some suppressor cells and therefore suppresses some "good" immune responses

# Treatment strategies

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# Suppress signals driving antibody production

- Lymphocyte depletion
  - Anti-thymocyte globulin
  - Alemtuzumab
- IgG cleavage proteins
  - Inflimidase
- IL-6 pathway therapies
  - Tocilizumab
  - Clazakizumab

## Inflimidase

- Streptococcal protein
- Cleaves circulating IgG into F(ab) and Fc
  - Inhibits Ab-dependent and complementdependent cytotoxicity
- Circulating antibody is depleted within 6 hours
  - Also cleaves B cell receptors → inhibits Ag binding, may reduce plasma cell differentiation
- Rebound IgG levels within 1-2 weeks
  - Used successfully in kidney, usually in combination with other agents



<sup>1.</sup> Jordan SC et al. New Eng. J. Medicine 2017;377: 442-453

Huang, AJT, 2021

# IL-6 pathway inhibition

- Tocilizumab (IL-6R antagonist)
- Clazakizumab (direct IL-6 inhibitor)
- IL-6 functions
  - Stimulates Thelper, Th17, and CD8
  - Inhibits regulatory Tcells
  - Promotes plasma cell survival
- Growing data in kidney transplant



# Treatment strategies

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# Stop complement activation

- Eculizumab
  - Anti-C5 antibody
  - No effect on antibody levels or binding
  - Prevents formation of MAC complex



# Treatment strategies

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| Stop     | Stop complement activation                   |

## Treatment options

Acute cellular rejection

- Thymoglobulin
- Alemtuzumab
- Belatacept

Antibody mediated rejection

- Plasmapheresis
- IVIG
- Rituximab
- Bortezomib / Carfilzomib
- Daratumumab
- Inflimidase
- Eculizumab

### Combination

- Corticosteroids
- Tocilizumab / Clazakizumab

# Questions?



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