VANDERBILT 🚺 UNIVERSITY

MEDICAL CENTER

DIVISION OF ACUTE CARE SURGERY

Trauma Delirium Management Guideline

• Monitoring and Treatment

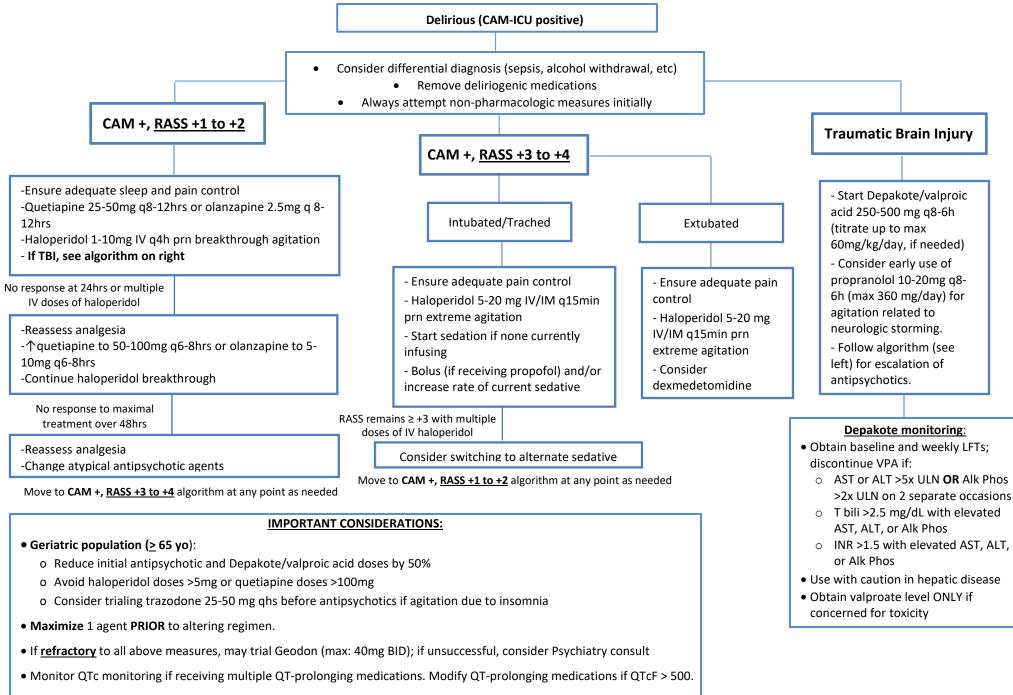
- The confusion assessment method for the ICU (CAM-ICU) should be monitored each shift and reported to the team during rounds
 - CAM-ICU should ONLY be reported as unable to assess is RASS <-3
 - If CAM positive, consider differential diagnosis (hypoxia, sepsis, CHF, over-sedation, deliriogenic medications)
 - Hypoactive delirium CAM positive and RASS 0 to -3
 - Non-pharmacological management
 - Minimize sedating medications
 - Hyperactive or mixed hyper/hypoactive delirium CAM positive and RASS -3 to +4
 - See algorithm on next page
 - Goal RASS should be specified on ALL patients
- Non-pharmacologic management
 - **Orient patient** (provide visual/hearing aids, re-orient, encourage communication, encourage proper sleep hygiene, and provide cognitively stimulating activities during the day)
 - **Environment** (Mobilize patients early and often, provide familiar objects in patient's room, minimize noise at night, and remove unnecessary lines/drains)
 - Adjunctive (perform SATs daily, provide adequate pain management, correct dehydration and electrolyte disturbances)

• Deliriogenic Medications

- o Benzodiazepines
- Anticholinergics (diphenhydramine, glycopyrrolate, metoclopramide, H2 blockers, TCAs, cyclobenzaprine)
- o Steroids
- Pain medications (if pain is not cause of agitation/delirium)
 - Decrease opioid dose
 - Utilize multimodal pain regimen

Hyperactive Delirium

(includes mixed delirium with hyperactive component, ex: attempting to wean sedation)



Avoid large doses of haloperidol in TBI

References:

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- 2. Girard T, Exline M, Carson S, et al. Haloperidol and Ziprasidone for Treatment of Delirium in Critical Illness. *N Engl J Med*. 2018;379(26):2506-2516.
- 3. Hughes CG, Mailloux PT, Devlin JW, et al. Dexmedetomidine or propofol for sedation in mechanically ventilated adults with sepsis. *NEJM*. 2021; 384:1424-1436.
- 4. Marra A, Wesley E, Pandharipande P, et al. The ABCDEF Bundle in Critical Care. *Crit Care Clin*. 2017; 33(2):225-243.
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- 6. Williamson D, Frenette A, et al. Pharmacological interventions for agitated behaviors in patients with traumatic brain injury: a systematic review. BMJ Open 2019;9:e029604

CAM ICU Assessment

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