Appreciative Inquiry Boot Camp Translation Workshop

Panel Presenters

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Workshop

Evidence-based guidelines derived through the translational research pathway provide a foundation for clinical care. Many times they are not locally relevant. When national evidence-based guidelines need local meaning, Boot Camp Translation provides a method for translating medical jargon into locally relevant, actionable programs and messages. Too often there are no guidelines for the health problems confronted in communities and practices. The traditional research pathway can take 20 years from discovery to evidence-based guidelines. Yet, local communities often have individual examples of success addressing and managing health problems; random success. When there is no evidence to support a community health priority, we propose an innovative strategy to identify successful management of that condition and create locally relevant actionable programs and messages for dissemination. Appreciative Inquiry is a method to identify random success through a robust narrative analysis. Appreciative Inquiry can answer the question of what works to successfully diagnosis and manage a health condition. Adding the data from Appreciative Inquiry to Boot Camp Translation provides a robust process for identifying local solutions and making them usual care.

With funding from PCORI, we conducted Appreciative Inquiry followed by Boot Camp Translation (AIBCT) on 5 topics chosen by our community partners. The High Plains Research Network is a rural practice and community based research network. 2040 Partners for Health is an urban underserved community organization partnered with the Colorado Research Network. Using a participatory research approach, AIBCTs have been conducted on accessing mental health care in rural and urban communities, implementing medical home in primary care, managing chronic pain, and managing sleep apnea. The local communities have identified a number of individual success stories for the identified health problem. Robust qualitative analysis of AI data provide reproducible components of these success stories. Boot Camp Translation uses these AI results to develop locally relevant, actionable messages and programs that can make the occasional success more common.

This workshop will introduce participants to the Appreciative Inquiry process, concepts, steps, team skills, timelines, and budget considerations. Examples from completed AIBCT projects will be shared to illustrate how the process has been used in rural and urban practice and community settings. Participants will explore ways the AIBCT process can be applied to their projects and work environment. Stakeholders and community members who have participated in the AIBCT process will help lead the session.

Short Summary

There is a growing demand for tools that effectively engage community members in patient-centered outcomes research. Appreciative Inquiry Boot Camp Translation (AIBCT) uses academic researchers' and community members' expertise to identify success stories for managing health issues of interest to the community and then to translate those random occasional stories into messages and materials that are scientifically sound, locally relevant, and engaging to community members. Workshop participants will receive an introduction to Appreciative Inquiry and explore how AI can be applied to their projects and partnerships.

Measurable Objectives

Participants attending this workshop will be able to:

1) Describe the aims and components of the Appreciative Inquiry Boot Camp Translation (AIBCT) process.
2) Identify examples of how Appreciative Inquiry identifies and codifies the random success into the usual care that can enhance and alter clinical practice and community health.
3) Identify potential application of the AIBCT process in current and future research projects, including personnel and financial needs.

Agenda Outline

75 minutes

This will be an interactive session with time for questions and discussion built into each section.

1) Welcome and Introductions (5 minutes)
2) Appreciative Inquiry: what it is, what it's not (15 minutes)
3) Brainstorming Your Appreciative Inquiry Boot Camp Translation (15 minutes; this section will begin a discussion when to use AIBCT, and when not)
4) What goes into an Appreciative Inquiry Boot Camp Translation? (10 minutes)
   - Team
   - Timelines
   - Budgets
5) Your Appreciative Inquiry Boot Camp Translation Redux: Further fleshing out your AIBCT ideas (20 minutes)
6) Additional AIBCT resources (5 minutes)
7) Wrap up (5 minutes)

Relevance Statement

Evidence-based guidelines derived through the translational research pathway provide a foundation for clinical care. Many times they are not locally relevant. Often, there are no evidence based guidelines for the health issues faced by patients and communities. There is a growing demand for tools that effectively engage community members in

research that matters to patients and improves health. Appreciative Inquiry Boot Camp Translation (BCT) is one tool that can help develop and strengthen the necessary relationship between community members, patients, practice staff and providers, and academic partners essential for truly effective patient-centered outcomes research. Appreciative Inquiry Boot Camp Translation uses the assets, skills and expertise of all project partners to identify, codify, and disseminate locally relevant solutions to local health problems. AIBCT is helping make the random the usual.